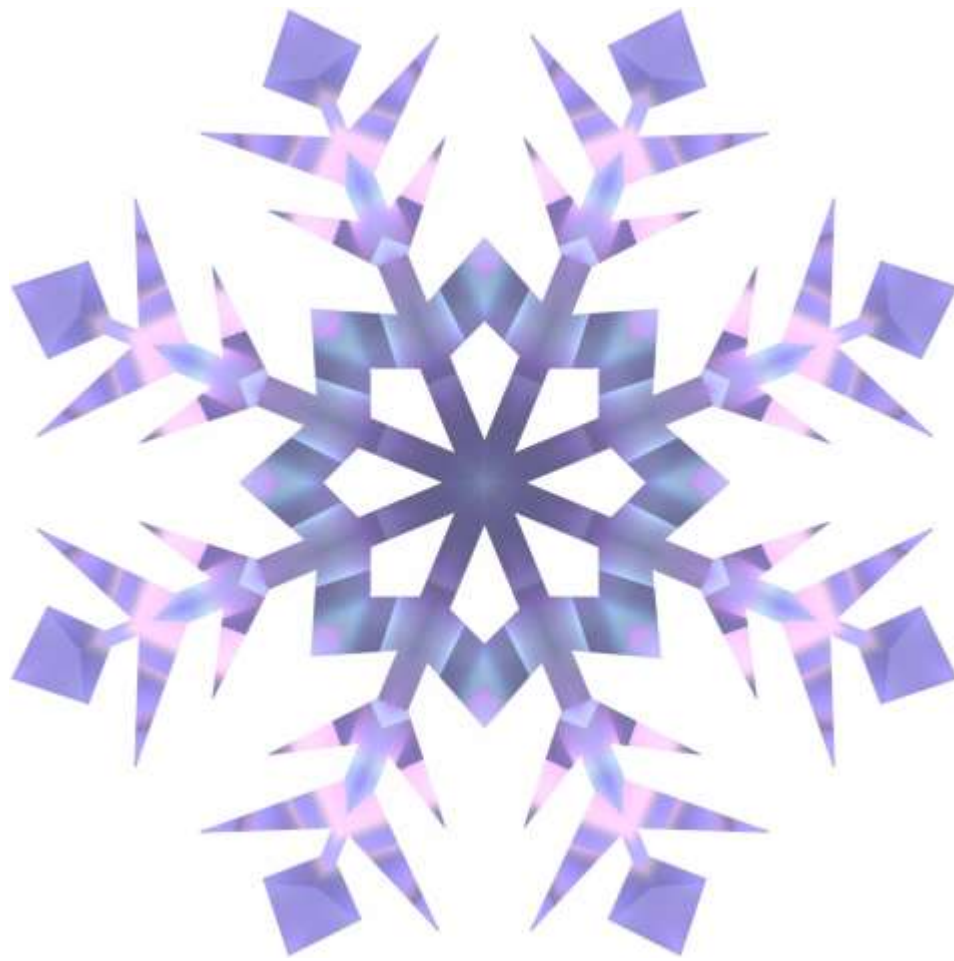


# United Way of Johnson & Washington Counties



## 2017 Winter Volunteer & Giving Guide



# Thank You

*for your interest in volunteering and giving opportunities  
in your community this holiday season!*

**Here are some helpful tips to keep in mind for volunteer opportunities:**

## Volunteer Tips

**Start Now!** This is a busy time of year for everyone. Start looking for a project now and make a plan today!

**Be patient.** This time of year many non-profit organizations are getting emails, phone calls, and other inquiries on opportunities and need.

**Be creative** and think outside of the box! Check out the last page for resources on alternative holiday volunteer and giving opportunities!

Volunteering around the winter season can be a great activity – on your own, or with friends and family. However, our community relies on volunteers year-round. Make a resolution to be an active volunteer in the New Year!

For volunteer opportunities at any time of year, please visit: [volunteer.unitedwayjwc.org](http://volunteer.unitedwayjwc.org)



# Volunteer Opportunities



# Volunteer Opportunities

# Volunteering

The following opportunities may include one-time volunteer activities serving organizations around the holidays. Commitment to a volunteer project is critical to these organizations at this time of the year, as many see an influx of those they are serving. Please take that into consideration before signing up for a project – planning, scheduling and follow-through are key.

## Crowded Closet Thrift Shop

**Date(s):** Monday-Saturday

**Time:** Shifts available daily during business hours: Mon.–Fri., 9:30-5:00 and Sat., 9:30-4:00

**Location:** 1213 Gilbert Ct., Iowa City

**Description:** Volunteers support all daily operations of the thrift shop from cashiering to processing and pricing donations for sale. Funds support Mennonite Central Committee world relief, service, and development programs as well as community relief agencies. Volunteers receive, organize, price, and stock donations in departments including books, clothing, furniture, antiques, toys, linens, shoes, and more. Groups are welcome!

**Contact and sign-up:** Christine Maust Beachy, Volunteer Coordinator, 319-337-5924, [crowdedcloset.volunteer@gmail.com](mailto:crowdedcloset.volunteer@gmail.com)

## Summer of the Arts

**Date(s):** Various committee and leadership roles throughout the year – festival dates occurring in the summer

**Time:** Flexible depending on role

**Location:** Downtown Iowa City

**Description:** Summer of the Arts is looking for people who support our mission of building community by bringing people together in the heart of Iowa City to experience, learn about, and enjoy free arts and cultural programs. We need key volunteers to serve on committees throughout the year and in active leadership roles at our festivals. This includes areas such as marketing, operations, children’s activities, merchandise and more.

**Contact and sign-up:** Lisa Barnes at 319-337-7944 or via email at [lisa@summeroftheARTS.org](mailto:lisa@summeroftheARTS.org).

## United Way of Johnson & Washington Counties

**2017 Downtown Holiday United:** United Way is partnering with the Iowa City Downtown District to bring you several community holiday volunteer opportunities. Bring cheer this holiday season by volunteering, having fun and supporting United Way!

### Horse Drawn Trolley Volunteer

**Dates:** Saturdays: Nov. 25, Dec. 2, Dec. 9, and Dec. 16

**Times:** 11am – 3pm

**Location:** In front of Hills Bank in Downtown Iowa City, at Old Capitol Town Center



**Description:** Volunteers will help with line management, provide directions and create a great experience for the trolley station.

### Santa Visit Volunteer

**Dates:** Saturdays: Nov. 25, Dec. 2, Dec. 9, and Dec. 16

**Times:** 11am – 3pm

**Location:** Filmscene, 118 E College Street

**Description:** Volunteers will help with line management and create a great experience for Santa's Visit. Volunteers help bring a smile to children's faces as they visit Santa.

### Gingerbread House Contest Volunteer

**Date:** Sunday, Dec. 10

**Times:** 2 shifts: 11:30am-3:30pm; 4:30-8:30pm

**Location:** Hotel Vetro, 201 S. Linn St., Iowa City

**Description:** Volunteers will help make the 3rd Annual Holiday Gingerbread House Competition fun and exciting for all ages. Volunteers will help with registration, fill candy, run letters to Santa, help box up finished houses and much more!

**To sign up to volunteer please go to:**

<http://www.unitedwayjwc.org/content/2017-downtown-holiday-united>

**For questions about volunteering, please contact:**

Patti Fields, 319-338-7823, [patti.fields@unitedwayjwc.org](mailto:patti.fields@unitedwayjwc.org)

**For more information on these fun downtown events, please visit:**

<http://downtowniowacity.com/calendar/>



## North Liberty Community Pantry

**Date(s):** Every Monday of November and December (excluding December 25)

**Time:** 3:30pm-6:00pm

**Location:** North Liberty Community Pantry- 89 N. Jones Blvd., North Liberty

**Description:** People of all ages can drop in during Open Volunteer Times for all or part of the time. Volunteers will help with much-needed tasks in the Pantry, including restocking the shelves, repackaging items like diapers, and cleaning.

**Contact and sign-up:** Carley Kleinhans, Volunteer and Service Coordinator, at 319-626-2711 or [volunteer@northlibertycommunitypantry.org](mailto:volunteer@northlibertycommunitypantry.org)



## Bur Oak Land Trust

### **Upcoming Work Days:**

November 12 9:00am-12noon at Big Grove    December 4 9:00am-12noon at Pappy Dickens  
November 14 1:00pm-4:00pm at Big Grove    December 4 1:00pm-4:00pm at Pappy Dickens

**Description:** Performing various management activities on the properties. Please wear proper clothing for the event: long pants, long-sleeved shirts, and boots. Bur Oak Land Trust will provide gloves and all other necessary equipment, but volunteers are welcome to bring their own. Individuals or groups welcome.

The Bur Oak Land Trust website calendar contains all dates and is updated regularly. The website has maps of the property locations. Please check the website, Facebook page, and Twitter (@BurOakLT) for information and updates on the workdays. [buroaklandtrust.org](http://buroaklandtrust.org)

**Contact and questions:** Seth Somerville 319-400-5511 or [seth@buroaklandtrust.org](mailto:seth@buroaklandtrust.org) . To volunteer with other aspects of Bur Oak Land Trust, contact Tammy Wright 319-338-7030 or [info@buroaklandtrust.org](mailto:info@buroaklandtrust.org)

## HACAP Homeless Children's Trust

**Date(s):** Saturday, December 2

**Time:** 8 am to 1 pm

**Location:** Moose Lodge, Iowa City, 3151 HWY 6 East

**Description:** Parents and children will have a holiday. Gifts will be provided for each child. Financial Donations can be made at: The HACAP Family Resource Center, 367 Southgate Ave. in Iowa City. Approximately 85 children are served and 1-1 volunteer ratio is great. Youth should be at least 16 to volunteer. Volunteers are needed to be "buddies" with the children and help clean-up. Lunch is provided during the event. Children are referred through local agencies including DVIP, HACAP, and Prelude Behavioral Services.

### **Contact and sign-up:**

Mary Larew about volunteering  
337-2264 evening or 338-1212 daytime



## Handicare

**Date(s):** Opportunities daily

**Time:** Call to set up

**Location:** 2220 9th St., Coralville

**Description:** At Handicare, we provide a nurturing and inclusive experience for every child, including those with special needs. Handicare has various projects available for volunteers, including yard work, painting, and deep cleaning.

**Contact and sign-up:** Laura Lage 319-354-7641 Email: [director@handicareinc.com](mailto:director@handicareinc.com)

## Iowa Valley Habitat for Humanity Re-Store

**Date(s):** Monday-Saturday

**Time:** 9 am- 5 pm; shifts are in four-hour time slots

**Location:** 2401 Scott Blvd. SE, Iowa City

**Description:** Volunteers help with daily operations of the store which funds the building of Habitat for Humanity homes by selling useable household items and construction materials. Tasks include organizing, re-merchandising, stocking, receiving donations, assisting with purchasers, etc. Must be 14 years old and anyone under 18 must have a parent/guardian signature on a liability waiver.

**Contact and sign-up:** [iowavalleyhabitat.org](http://iowavalleyhabitat.org) or [cherie@iowavalleyhabitat.org](mailto:cherie@iowavalleyhabitat.org)

## Iowa Valley Habitat Helping Hands/Ramp Up

**Date(s):** Various dates starting in November 2017 through April 2018

**Time:** 8 am - 12 pm and 1 pm - 5 pm Wednesdays - Saturdays

**Location:** 2401 Scott Blvd. SE, Iowa City

**Description:** Volunteers will help elderly and disabled individuals remain in their homes with simple maintenance tasks. Contact the office to assist in building a handicap accessible ramp. Youth projects vary from changing light bulbs, changing furnace air filters and smoke detector batteries. Projects take place throughout Johnson and Washington Counties. Volunteers must be 14 years old. Any volunteer under the age of 18 must have a parent/guardian signature on a liability waiver.

**Contact and sign-up:** [iowavalleyhabitat.org](http://iowavalleyhabitat.org) or [cherie@iowavalleyhabitat.org](mailto:cherie@iowavalleyhabitat.org)





## Iowa Valley Interior Renovation/Construction

**Date(s):** Various dates starting in November 2017 through April 2018

**Time:** 8 am - 12 pm and 1 pm - 5 pm Thursdays - Saturdays

**Location:** Iowa City, Coralville, and Washington County

**Description:** Volunteers will help Construction staff through the entire home renovation process including framing, energy-efficiency upgrades, painting, trim work, cabinet installation and more. No prior skills or knowledge are necessary! We train you and give you all the tools you will need to accomplish the tasks for each shift.

**Age Restrictions:** All volunteers must be at least 16 years old. Those under 18 must have parent/guardian consent to participate. If you are under 18, it is best to contact the office in advance.

**Contact and sign-up:** [iowavalleyhabitat.org](http://iowavalleyhabitat.org) 319-337-8949 or [cherie@iowavalleyhabitat.org](mailto:cherie@iowavalleyhabitat.org)

## Table To Table

**Date(s):** Mid November-Mid January

**Time:** 8 AM or 1 PM Monday – Friday  
9 AM on Saturdays

**Location:** 840 S Capitol Street, Iowa City

**Description:** Table to Table needs you this holiday season! While many people are travelling out of town over the holidays, there is still food to be rescued and people to feed in Johnson County. We need extra help covering our food rescue volunteer shifts (2-3 hours) during the holiday travel season and would love to have you join our team. Don't have your own vehicle? Don't worry! We provide all of the necessary resources so you can get out in our community and rescue food! Volunteers must be 14 years old to volunteer in our office, 16 to go on a food rescue route, and 20 years old to drive a van

**Contact and sign-up:** For more details and to schedule your orientation today contact Katie [katie@table2table.org](mailto:katie@table2table.org) or [319-337-3400](tel:319-337-3400)



## United Action for Youth (UAY)

### **UAY Winter Teen Clothing Drive**

**Date(s):** November 27 - December 5, 2017

**Time:** Varying shifts throughout the day; each shift is 2-3 hours long

**Location:** UAY Youth Center in downtown Iowa City (355 Iowa Avenue, Iowa City)

**Description:** Volunteers are needed to accept clothing donations, sort clothes and set up for the event. On December 5, volunteers are needed to staff the clothing drive and assist with clean-up.

**Contact and sign-up:** Dyllon McIntosh [dyllon.mcintosh@unitedactionforyouth.org](mailto:dyllon.mcintosh@unitedactionforyouth.org) or call 319-338-7518 To sign up to volunteer with the UAY Winter Teen Clothing Drive, visit:

<http://www.signupgenius.com/go/409044ca5af2ca1fb6-uayfallwinter>



## United Action for Youth (UAY)

### **UAY Youth Holiday Art Sale**

**Date(s):** December 15, 2017

**Time:** TBD

**Location:** UAY Youth Center in downtown Iowa City (355 Iowa Avenue, Iowa City)

**Description:** Volunteers are needed to assist young people with matting, hanging and pricing art work. Volunteers are also needed to provide homemade refreshments for the event.

**Contact and sign-up:** Dyllon McIntosh [dyllon.mcintosh@unitedactionforyouth.org](mailto:dyllon.mcintosh@unitedactionforyouth.org) or call 319-338-7518

## Salvation Army

### Bell Ringers

#### **Miracle of the Bell**

**Date:** November 17 through December 23

**Time:** Multiple time slots

**Location:** Various locations throughout Johnson County

**Description:** Volunteers are needed in ringing bells for the Salvation Army of Johnson County Christmas Campaign. There will be multiple locations beginning November 17 through Christmas Eve. Multiple time slots are available, beginning with two hour slots.

#### **Contact and sign-up:**

Steve Keasling 319-337-3725 for questions

Website: <http://www.ICSalvationArmy.org>



### Toys for Tots

**Date:** Registration is November 27 - December 1

Packing & Distribution Days are December 14-15 and 18 -21

**Time:** Multiple time slots

#### **Locations:**

Registration: 1116 S. Gilbert Ct., Iowa City

Packing/Distribution: 1859 Lower Muscatine Rd., Iowa City

**Description:** Volunteers are needed to sort, pack and distribute the toys. Or if you would like to host a toy box or distribute toy tags, please see contact information below.

#### **Contact and sign-up:**

Capt. Peggy North 319-337-3725 [Peggy.North@usc.salvationarmy.org](mailto:Peggy.North@usc.salvationarmy.org)

Website: [www.ICSalvationArmy.org](http://www.ICSalvationArmy.org)

## The Crisis Center of Johnson County

### **Project Holiday 2017**

**Date(s):** Monday, December 18 - Friday, December 22

**Time:** Varying shifts throughout the day; each shift is 2 hours long

**Location:** Food Bank, 1121 Gilbert Ct., Iowa City

**Description:** Volunteers will be needed to help distribute holiday meals to shoppers and direct traffic throughout the shopping days. Volunteer roles include helping clients select their holiday food, restocking shelves, bagging groceries and helping shoppers out to their cars with their selections.

**Contact and sign-up:** An online volunteer sign-up will be posted on the Crisis Center website on Nov. 20: [jccrisiscenter.org/project-holiday](http://jccrisiscenter.org/project-holiday)



## Alzheimer's Association, East Central Iowa Chapter

**Date(s):** Monthly

**Time:** 60-90 minutes

**Location:** Flexible

**Description:** Dementia Caregiver Support Group Facilitators

We are currently looking for dedicated volunteers to help facilitate [Dementia Caregiver Support Groups](#) in the East Central Iowa area. Support groups meet on a monthly basis for 1-1.5 hours. Facilitators are there to help guide discussion and to answer any questions, should they arise. No prior experience is needed. Interested individuals will be asked to complete a short training course prior to facilitating their first meeting. When and where the support group meets is negotiable.

This is a critical need for facilitators because many families rely heavily on support groups as part of their way of coping with the long journey we call Alzheimer's.

**Contact and sign-up:** Ann Drobot at [adrobot@alz.org](mailto:adrobot@alz.org) or 319.294.9699, Ext. 8300.

## Aging Services/Pathways Adult Day Health Center

### **Chore Volunteers**

**Date(s):** Monday-Friday

**Time:** 8 a.m. – 4:00 p.m. : Shifts are flexible

**Location:** 817 Pepperwood Ln., Iowa City, IA 52240

**Description:** Aging Services Chore volunteers use basic skills and tools to help with chores around the homes of older adults living in the community. Projects can range from small home repairs to light housework. Chore Services staff contact volunteers in advance to see if a project may be of interest to them. Volunteers are welcome to accept or decline the project when it is proposed to them. Your **love and dedication** will help a senior to continue to live independently in their own home. **There's no place like home!**

**Contact and sign-up:** Lindsay Glynn, 319-398-3644 or [lglynn@abbehealth.org](mailto:lglynn@abbehealth.org)

## Aging Services/Pathways Adult Day Health Center

### **Small Group Activity Volunteers**

**Date(s):** Monday-Friday

**Time:** 9 a.m. – 4:00 p.m. : Shifts are flexible

**Location:** 817 Pepperwood Ln., Iowa City, IA 52240

**Description:** Pathways of Iowa City, a program of Aging Services, is looking for an **energetic person** to help with small group activities. The opportunity could involve leading a small card game or helping our Activity Coordinator with arts and crafts. This is a **fun and exciting opportunity** that will surely build relationships!

**Contact and sign-up:** Lindsay Glynn, 319-398-3644 or [lglynn@abbehealth.org](mailto:lglynn@abbehealth.org)



## Neighborhood Centers of Johnson County

### **Bringing Refugees and Immigrants Diverse Guided English Services (B.R.I.D.G.E.S.) Volunteer**

BRIDGES is a program that operates weekly at each of our sites (Mondays at Broadway and Tuesdays at Pheasant Ridge). Through this program, we offer participating families a weekly family meal, followed by a choice between English classes or Parent Education classes on a variety of topics.

During class time, limited child care is available to families with young children.

Volunteers in the B.R.I.D.G.E.S. Program can fulfill multiple roles in the execution of the program.

Examples of activities that may be requested include meal preparation, service, and clean up; individual tutoring with English language learners; homework help with school-aged children; and reading/guided play time with preschool-aged children.

Mondays: Broadway Center  
(5:00pm-7:30pm) 2105 Broadway St.  
Iowa City, IA 52240

Tuesdays: Pheasant Ridge Center  
(5:00pm-7:30pm) 2651 Roberts Rd  
Iowa City, IA 52246

### **G! World School Sponsor**

G! World is designed to empower, inspire and educate self-defined minority young women through group activities and meaningful discussions, impactful workshops, cultural outings and real world experiences. Middle and high school girls meet weekly afterschool to provide a space to celebrate their successes as they transition through adolescence.

School sponsors could provide snack for a designated school(s) once a week, put together fun holiday and special occasion items and help with workshop prep.

### **Before & After School Program (BASP) Volunteer**

BASP gives kids the tools to be successful both during and outside of school. Our programs assist with the care and education of school-aged children in an environment designed to promote social, physical, and intellectual growth. We are currently located at Hills, Garner, Grant Wood, Mark Twain and Alexander Elementary.

Volunteers could help with leading fun extracurricular activities such as arts and crafts, technology, multimedia, intramural sports and more. Volunteers could also be a special support to staff and students for day-to-day activities.

### **Early Childhood Education Helper**

NCJC is dedicated to laying a great foundation for the children we serve. We have birth to preschool classrooms at our Pheasant Ridge Center, Two to Preschool at our Broadway location and two half-day preschool classrooms at Grant Wood Elementary.

Volunteers are a part of team environment who create a loving, safe and welcoming environment for our growing infants, toddlers and preschoolers. Volunteers help give each child more individual attention while giving Lead Teachers more opportunities to prepare and plan for daily activities.

Email [volunteer@ncjc.org](mailto:volunteer@ncjc.org) or call 319-354-for more information and to apply.



## Shelter House, Iowa City

**Date(s):** Opportunities daily

**Time:** Call to set up

**Location:** 429 Southgate Ave., Iowa City

**Description:** Shelter House has various volunteer opportunities throughout the year. An updated list can be found at <https://shelterhouseiowa.org/volunteer/>

### **Contact and sign-up:**

Irvin Rodriguez, Volunteer Coordinator

(319) 338-5416, ext. 241

[volunteer@shelterhouseiowa.org](mailto:volunteer@shelterhouseiowa.org)



# Giving Opportunities



# Giving Opportunities

# Giving

The following are giving opportunities serving organizations around the holidays. Whether your donation is in-kind (clothing, food, etc.) or monetary, your support is critical to these organizations during this time of the year, as many see an influx of those they are serving. Your generosity is greatly appreciated!

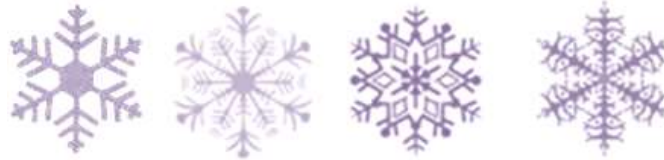
## United Way of Johnson & Washington Counties

### **Adopt a Family:**

For individuals, families, organizations, and faith communities looking to adopt families for the holiday, please contact us directly.

### **Contact:**

Patti Fields, 319-338-7823, [patti.fields@unitedwayjwc.org](mailto:patti.fields@unitedwayjwc.org)



## North Liberty Community Pantry

### **Donations Requested:**

- Financial Donations
- Canned meat/fish
- Peanut butter
- Canned fruit or 100% fruit juice
- Soups/Stews
- Laundry Detergent
- Feminine Hygiene items
- Diapers
- New or gently used winter outerwear

**Donation Drop off times/location:** Mon-Thurs. 9am-5pm  
North Liberty Community Pantry  
89 N. Jones Blvd., North Liberty

**Contact:** Kaila Rome, Executive Director, at 319-626-2711  
[director@northlibertycommunitypantry.org](mailto:director@northlibertycommunitypantry.org)

# Iowa City Animal Care & Adoption Center/Friends of the Animal Center Foundation

**Donations Requested: BIGGEST NEED: VISA, Mastercard, or gift cards to local retail stores which assists when a specific animal care item is needed- any amount is helpful!**

## Dogs

- *VERY DURABLE* dog toys- all sizes.
- Clean blankets and large bath towels
- Kong toys, food dispensing toys/puzzles, food-stuffing toys and marrow bones for stuffing
- Really tough dog chews- antlers and benebones, nylabones
- Large and X Large plush dog toys
- Wellness Brand soft dog treats

## Cats

- Cat toys- especially little mice!
- WAND TOYS!!
- *NutriSource* Senior Cat Weight Management Chicken & Rice dry cat food\*
- *NutriSource* Cat & Kitten food-Chicken & Rice recipe\*
- Non Scented clay or non scented scoopable litter
- Small washable cat beds
- *Stretch & Scratch* small scratching pads
- High quality canned kitten food

## Small Animals

- Chew sticks and toys for rabbits, hamsters, guinea pigs, & rats
- *OxBow* rabbit food, *Oxbow* guinea pig food
- Large hidey boxes for rats and small bunnies
- Small but deep water crocks

## Misc

- Wash Cloths and Towels
- Frontline, Advantage, and Revolution treatment for fleas and ticks
- Dawn dishwashing liquid
- Bleach
- Gently used or new grooming clippers and clipper blades
- Newspaper without slicks
- Small (cat size) new plastic carriers

**(Currently not needed and unable to store: rabbit cages, dog crates or kennels, cat carriers, or dog houses. Feel free to call us for a list of other organizations we work with that may be in need of these items.)**

\*We feed our cats *NutriSource* Cat/Kitten Chicken & Rice or *NutriSource* Senior Cat Weight Management Chicken & Rice dry cat food. We feed our dogs *Fromm Classic* Chicken & Rice dry dog food. Find these foods at local pet supply stores or consider a monetary contribution towards food!

**Monetary Donations** may be made to FACF at PO Box 1345 Iowa City, IA 52244 or on line at [www.facf.org](http://www.facf.org)

**Donation Drop off times/location:** 10:30-5:30 Mon-Fri and 10:30-3:00 Saturday  
3910 Napoleon Lane, Iowa City.



## Iowa City Free Medical and Dental Clinic

### **Donations Requested:**

- Adult toothbrushes; toothpaste, mouth wash, floss
- Over-the-counter cold medications
- Multi-vitamins
- Heating pads
- Cold packs
- Automated arm blood pressure monitors
- Office supplies: stamps, post-it-notes, 8 ½ x 11 white copy paper

**Donation Drop off location:** 2440 Towncrest Dr., Iowa City

**Contact:** Please contact the Clinic for drop off times at 319-337-4459



## Food Pantry at Iowa

### **Donations Requested:**

- Pasta, pasta sauce
- Rice
- Canned soup & fruit
- Cereal
- Oatmeal
- Toothpaste & toothbrushes
- Shampoo & conditioner
- Fresh produce

**Contact and drop off times:** Preferred drop off time is Fridays from 12-4. For other drop off times or questions contact Rachel Whitesitt

Food Pantry Manager

IMU Room 209

[studorg-foodpantry@uiowa.edu](mailto:studorg-foodpantry@uiowa.edu)

## The Family Connection Washington County

### **Donations Requested:**

Donations needed for holiday party for all families enrolled in the program

- Hot chocolate mix
- Sugar cookie mix
- Socks for children ages infant to 5
- Gloves for children ages 6+months to 5
- Board books children infant to age 5

Items needed by December 1<sup>st</sup>. Board books could be received anytime prior to December 20<sup>th</sup>.

### **Contact for additional needs and drop off times:**

Meghan Schrag

Program Director, The Family Connection Washington County

319.653.7758 ext. 117

[thefamilyconnectionwc@gmail.com](mailto:thefamilyconnectionwc@gmail.com)



## Coralville Community Food Pantry

### **Donations Requested:**

Help transform Coralville into a hunger-free community and provide hope for Coralville families this holiday season.

- Monetary donations \$25 feeds a family for one month \$300 feeds a family for one year
- Peanut Butter
- Canned Fruit
- Canned Meat
- Hearty Soups & Stews
- Baby Food

For drop off times or to make a gift online visit: [www.coralvillefoodpantry.org](http://www.coralvillefoodpantry.org)



## University of Iowa Hospitals and Clinics

### **Warm the Sole**

Buy an extra pair of socks while you're out shopping and donate them to the Warm the Sole Clothesline, sponsored by the UI Hospitals and Clinics Holiday Committee. Items will be collected through January 31 and donated to local agencies such as Four Oaks, DVIP, and Girl Scouts. Program runs November 20 through January 31. Call Tera Kringle in Volunteer Services at 319-356-2515 with questions.

### **Angel Tree**

Adopt an angel by donating a gift for UI Hospitals and Clinics patients. Angels may be selected from the Angel Tree outside the Volunteer Services office (Elevator F, Level 8) through December 15. The suggested gift value is \$20. Individuals or groups may go together to purchase gifts. The Angel Tree is sponsored by UI Hospitals and Clinics Holiday Committee. Program runs November 13 through December 15. For more information, contact Linda Monroe at 319-353-6108.

### **Helen K Rossi Guest House Drive**

During January, the Rossi Guest House is accepting donations of household items, toiletries, non-perishable food items, as well as new/gently used clothing. For a full list of items, please refer to posters located throughout the hospital. Items can be brought to Concierge Services during regular business hours. Program runs January 2 through January 31. Call Sheri Austin with Concierge Services at 319-356-1900.



## Handicare

**Adopt-a-Classroom:** At Handicare, we provide a nurturing and inclusive experience for every child, including those with special needs. Handicare's Adopt-a-Classroom program allows Community Partners an opportunity to become more involved in our efforts to serve children in our community. Whether you're passionate about painting, sweet on STEM or mad for music, there are plenty of ways to help out a classroom in need. Through the Adopt-a-Classroom program, sponsors can have a big impact on our kids and how they learn and play—every crayon, toy, and contribution adds up.

### **Donations Needed:**

- Monetary donations
- A couch
- Hats, gloves, and snow pants (ages 1-9)
- Iowa Children's Museum passes
- Bus passes
- Markers
- Baby wipes
- LeapFrog LeapPads

**Contact:** Laura Lage 319-354-7641 Email: [director@handicareinc.com](mailto:director@handicareinc.com)



## Home Ties Emergency Child Care Center:

### **Donations Requested:**

- Gifts for children, birth – 5 years
- Craft supplies that we can make up gift boxes for some of our child care programs serving low income families:
  - Craft paper
  - Markers
  - Scissors – for 3 -5 year olds
  - Anything that can be used for collage – pieces of ribbon, material, pretty paper etc.!
  - White / computer paper
  - Glue sticks and Elmer's School glue
  - Crayons
  - Stickers

**Contact:** Susan Gray, 319-338-7684, [susan@iowa4cs.com](mailto:susan@iowa4cs.com)

## Shelter House, Iowa City

### **Items Needed:**

During the winter months, Shelter House receives various donations of winter-specific items. While they are needed and appreciated, the items below typically run in short supply all year round and are equally important and needed during winter months:

- Laundry Soap
- Kleenex
- Toilet Paper/Paper Towels
- Over-the-counter pain and cold medications

An updated list of our most needed items can be found at:

<https://shelterhouseiowa.org/donate-goods/>

**For more information, contact:** Alex Stanton, Communications Coordinator,  
(319) 338-5416 ext. 207 [alex.stanton@shelterhouseiowa.org](mailto:alex.stanton@shelterhouseiowa.org)

### **Out of the Cold: Sponsor a Night of Shelter**

Shelter House will be kicking off it's Out of the Cold campaign on Giving Tuesday, November 28, 2017. We provide safe shelter and help people improve the quality of their lives as they move beyond homelessness. During the frigid months, it is especially critical to help as many men, women, and children as possible. In response to the life-threatening winter temperatures people experiencing homelessness face each year, we are once again opening a low-barrier Winter Emergency Shelter to ensure everyone is kept warm and **out of the cold!**

The work we do is only possible with your support! With your support, we won't turn anyone away this winter. With your support, we can ensure that approximately 90 beds between Shelter House and the temporary shelter are filled for the 90 coldest nights of the year. With your support, we will save lives.

- \$25 provides a night of shelter for someone experiencing homelessness
- \$100 gives a night of shelter and support for a family experiencing homelessness
- \$175 sponsors a week of housing and employment services for someone working to rebuild their life

Follow the link below to join our efforts and give to the Out of the Cold campaign!

<https://shelterhouseiowa.org/out-of-the-cold-campaign/>

**For more information, contact:** Angelica Vannatta, Development Director,  
(319) 338-5416 ext. 264 [angelica@shelterhouseiowa.org](mailto:angelica@shelterhouseiowa.org)

# Neighborhood Centers of Johnson County

## **Donations Requested:**

### **Early Childhood Education Programs**

- Glider Rocking Chair
- Soft Tunnel Climber
- Three-in-one Instant Story Center
- Sandtastik White Play Sand
- Mold & Play Sand
- See Inside Counting Tubes
- Soft Body Baby Dolls
- Environment Soft Sofa
- Excellerations Block Play Scenery Mats
- Fuse Beads
- Magnetic Shapes
- Marble Race Set
- Lego People
- Pie Face Game
- Excellerations Engineering with Ramps
- Soft Unit Blocks
- Kids Around the World Block Play People
- Egg Shakers
- Stacking Shapes Pegboard
- Letter Construction Activity Set
- Time Timer Audible Countdown Timer
- Mix & Match Magnetic Animals

### **G! World**

- Arts & Craft Supplies
- Magazines with diverse imagery
- Cardstock and/or thick paper of varying sizes

### **Youth Off-Road Riders Cycling Team**

- Monetary support for cycling equipment
- Monetary support for participant scholarships

### **Before & After School Programs**

- Mini Wooden Clothespin
- Stencils
- Glitter glue pens
- Ironing board
- Scented washable markers
- Magnetic letters
- Play Doh
- Toy sets
- Tinsel
- Board games
- Strategy games
- STEM-based activities/games/toys
- Washi Tape
- Glue Sticks
- Washable Markers
- Assorted Stampers
- Washable Watercolors
- Composition notebooks
- Pens
- Pencils
- Miscellaneous arts & crafts supplies
- Sports Balls

### **Family Support**

- Convertible car seats
- Diapers – all sizes
- Toothbrushes and BABY toothpaste (no fluoride)
- Thermometers
- Cribs
- Booster seats (for dining room sets)
- Baby sleep sacks
- Toys/Rattles for babies
- Books for babies (especially in Arabic, French, and Spanish)

## **Contact for more information:**

Development Director, Chastity Dillard, at 319.354.2886 or [chastity-dillard@ncjc.org](mailto:chastity-dillard@ncjc.org)

## Iowa Valley Habitat for Humanity

### **Donations Requested:**

- Monetary donations to sustain and grow our home ownership program. Your gift can be designated to a specific project like the Women Build, the Interfaith Build or the Helping Hands Repair program. Or you can designate your funds to support our general fund. Honorary gifts can also be made to recognize someone special to you. Or remember a loved one who has passed by giving a gift in their memory to support the 2018 Memorial Build home. Mail donations to Iowa Valley Habitat for Humanity, 2401 Scott Blvd. SE, Iowa City, IA 52240 or donate online at [iowavalleyhabitat.org](http://iowavalleyhabitat.org).
- Donate to or shop at the Habitat ReStore. Your donations to the ReStore help to fund our home ownership program. We also offer free pick-up service of your donations.

### **Contact for drop off times or questions:**

Call the ReStore at (319)338-5687. Visit [iowacityrestore.com](http://iowacityrestore.com) for a complete list of donations that we accept.



## United Action for Youth (UAY)

### **UAY Winter Teen Clothing Drive**

**Donations Requested:** Gently used, teen-appropriate, winter clothing items can be dropped off at the UAY Youth Center (355 Iowa Avenue) on the following dates and times:

- Tuesday, November 28: 9am-5pm
- Wednesday, November 29: 3pm-5pm
- Thursday, November 30: 3pm-7pm
- Friday, December 1: 3pm- 7pm
- Saturday, December 2: 12pm-5pm
- Monday, December 4: 9am-3pm

**Contact for more information:** Mickey Hampton [mickey.hampton@unitedactionforyouth.org](mailto:mickey.hampton@unitedactionforyouth.org)

## United Action for Youth (UAY)

### UAY Teen Parent Program

**Donations Requested:** Diapers of all sizes, wipes, formula, and baby food

**Contact for additional needs and drop off times:** Mickey Hampton

[mickey.hampton@unitedactionforyouth.org](mailto:mickey.hampton@unitedactionforyouth.org)

## Bur Oak Land Trust

**Consider a donation or funding a gift to support the following:**

- Land acquisition
- Bridge and trail building
- Native restoration with prairie seed and native trees
- Tools and tractor
- Boot brushes
- Tools
- Staff and intern funding
- Office furniture and supplies



**Contact for more information:** Tammy Wright at [info@buroaklandtrust.org](mailto:info@buroaklandtrust.org) or 319-338-7030

## Grow: Johnson County

Grow: Johnson County is a hunger-relief and educational farm program that is utilizing 3.5 acres of land to produce organic fruits and vegetables to freely assist an array of food pantries, homeless shelters, and free meal programs serving those in our community who face hunger. In 2017, Grow: Johnson County produced 30,000 pounds of food for 13 local hunger-relief programs.

Help us grow more food in 2018 by making a contribution today:

<http://www.growjohnsoncounty.org/give>

**For more information, contact:** John Boller, Program Director [john@growjohnsoncounty.org](mailto:john@growjohnsoncounty.org)



## Domestic Violence Intervention Program (DVIP)

**Holiday Gift Drive November 1 8:00am through December 24 12:00pm**

Every year the Domestic Violence Intervention Program share donations in our holiday store for families to pick out the perfect gift for their loved ones.

Our holiday store is one way in which we can provide a free and confidential way for families to shop and make the holidays a special time for the entire family despite the fear, stress, and lack of resources so often faced by those that have experienced intimate partner violence.

### **Wish List**

Lego sets, Play kitchen sets, Doctor sets, Babydolls, Superhero action figures, Train sets, Board games, Musical toys, Teething toys, Movie theater gift certificates, DVD's *rated G to PG-13*, Play-doh, Toy animals, Dinosaurs, Hot Wheels cars & tracks, Barbies, Infant play mats, AA & AAA batteries, Stacking blocks, Push toys, Bikes, Skateboards, Scooters, Sports equipment, Science/Educational kits

### **Drop off**

In order to make donating easier DVIP has partnered with local businesses for donation drop off locations:

- Little Village Magazine 623 S Dubuque St, Iowa City, IA 52240
- Iowa City Chamber of Commerce 325 E. Washington St., Iowa City, IA 52240
- Ragstock Downtown 207 E Washington St, Iowa City, IA 52240
- North Liberty Bluebird Café 650 W Cherry St #9, North Liberty, IA 52317
- Applebees 200 12th Ave, Coralville, IA 52241

**Contact for more information:** Community Engagement Department 319-930-2030



## Four Oaks Iowa City

Kids and families often come to Four Oaks in crisis and we work with them in a comprehensive way to help them overcome life's hurdles. Our work may come through avenues such as a Youth Emergency Shelter for teens, an afterschool and summer program for children with mental health and behavioral health challenges, and many community based programs throughout Johnson and Washington Counties to help families be successful.

### **Donations Requested:**

This winter, for the kids we serve, we are collecting new and used:

- Waterproof Gloves
- Winter Boots
- Socks
- Snow Pants
- Winter Jackets
- Priority for sizes 5/6 through 12/14
- Adult sizes for the teenagers are also welcome!

Also in need of indoor new and used activity items such as:

- Board Games
- Card Games
- Craft Supplies

### **Delivery Information:**

Donations can be delivered to Four Oaks Iowa City Office at 1916 Waterfront Dr., Iowa City, Iowa 52240, between 9am and 5pm on weekdays. If you would like to make a delivery on the weekend, please ring the door bell for the Youth Emergency Shelter (same address).

Thank you and Happy Holidays!!

### **For more information, contact:**

Heather Bopp

319-337-4523 ext.: 2852

[Hbopp@fouroaks.org](mailto:Hbopp@fouroaks.org)



## Alzheimer's Association, East Central Iowa Chapter

### **Holiday Giving Opportunity: Help raise money for local dementia-care services**

The Alzheimer's Association Walk to End Alzheimer's is the world's largest event to raise awareness and funds for Alzheimer's care, support and research. Even though the 2017 Walk season is officially over, you can still donate to the cause and help families affected by dementia right here in East Central Iowa. Donations will be accepted now through **Sunday, December 31**. How to contribute a donation:

- Donate online at:  
[http://act.alz.org/site/PageServer?pagename=walk\\_chapter&scid=1736](http://act.alz.org/site/PageServer?pagename=walk_chapter&scid=1736)
- Drop-off or mail your donation to our chapter office:  
317 7th Ave SE, Suite 402, Cedar Rapids, IA 52401

We can assure you that your donation will be well-utilized and greatly appreciated by all those it will benefit. **\$.79 of every dollar** is used for Alzheimer's care, support, research, awareness and advocacy; **\$.16 of every dollar** is put back into fundraising so we can ensure successful events to help raise even more money for our services; and finally, **\$.06 of every dollar** is used for administrative costs. Thank you for your time and consideration. The families of East Central Iowa greatly appreciate it!

**For more information, contact:** Alison Winn, Community Outreach Coordinator at [awinn@alz.org](mailto:awinn@alz.org) or 319.294.9699, Ext. 8304

## Goodwill of the Heartland



Your donations change lives.



Find out what we accept and how your donations can make a difference.

<http://www.goodwillheartland.org/donors/donate-household-items>

**DONATE STUFF. CREATE JOBS.**

# Resources

**Volunteering and giving opportunities are not the only ways to give back to the community. Here are some alternatives:**

## **Holiday Entertainment**

Provide holiday entertainment to residents of assisted living homes, group homes, or to people who are not able to remain in their own homes due to illness.

## **Bake Treats**

Contact a non-profit and thank them for their services in your community by baking a treat or providing a meal to the office.

## **Give an Alternative Gift**

Donate money or supplies to a local non-profit in the honor of your friends and family.

## **Organize a Giving Circle**

Invite friends and family to join a giving circle for the holidays. Select a cause or organization you would like to support and set your giving goal.

## **Make a Resolution**

Identify a need. Find your passion. Give an hour. Give a Saturday. Give 110%.

# Questions?

**Contact United Way of Johnson and Washington Counties  
with any questions and for all of your volunteer needs!**

**Phone: (319)338-7823; Email: [info@unitedwayjwc.org](mailto:info@unitedwayjwc.org)**

