

United Way of Johnson & Washington Counties

OUR COMMUNITY NEEDS

At United Way of Johnson & Washington Counties, we are committed to putting a light on community needs to provide access to vital supports.

ACCESS TO HEALTHCARE – Physical, Mental, & Emotional Well-Being & safety.

When an individual cannot access a clinician it is impossible to receive medical care, build relationships with their providers, and achieve overall patient wellness.

There is no hiding the fact that the COVID-19 pandemic increased stressors that were already present and brought up new ones. Anxiety, depression, and other mental health illnesses can affect anyone.

Healthcare Barriers: Cost | Uninsured or Underinsured | Transportation | Lack of Local Quality Care



Of the **154,000** adults in Iowa who did not receive needed mental health care last year, **29.3%** did not because of cost.

BIRTH THROUGH ADULT EDUCATION - Academic Success & Independence Skills.

For many children, school is often the only stable environment they have access to, but it can be difficult for a child to thrive there.

Ageing is a natural process, bringing some physical, mental, psychological and other kinds of changes that influence negatively adult learning.

Educational Barriers: Reading Proficiency | Language | Digital Divide | Hidden Learning Disabilities



58.1% of Iowans age 12-17 who have depression **did not receive any care** in the last year.

BUILDING FINANCIAL STABILITY—Sufficient Income & Essential Support.

Many families work and still struggle to make ends meet. They are one flat tire or one emergency room visit away from crisis.

Financial Barriers: Child Care | Home Ownership | Access to Food | Partner Violence



2,647 people in Iowa are homeless and **1 in 5** live with a serious mental illness.

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UNITED WAY INITIATIVES

United Way turns innovative ideas into real community solutions. The following initiatives are tackling issues right here in our community.

ACCESS TO HEALTHCARE

Helping children and adults in our community thrive through an integrated approach to health and wellness creating good habits for life.

Mindfulness & Calm Down Kits:

Medical Transportation Program: The 55+ RSVP Medical Transportation Program provides rides for seniors and disabled adults who have no other means of getting to medical appointments. Without this transportation, many would not access vitally needed medical services, especially in the rural areas of our communities.

BIRTH THROUGH ADULT EDUCATION

Reading proficiency by third grade is one of the most insightful predictors of future academic and career success. In fourth grade, children switch from "learning to read" to "reading to learn."

My Very Own Book Drive: An annual community-wide book drive where over 8,000 books are donated and distributed to local children.

Reading Buddies: This program partners community volunteers with young student readers to help develop language and literacy skills.

Pen Pal Program: Volunteers are paired with elementary students to become a Pen Pal to foster positive connections. The program helps students practice the art of writing, increase literacy skills, and build positive relationships.

Literacy Kits: A "Literacy Kit" is comprised of a book and a game or activity designed to make reading interactive.

Summership Camp Scholarships: Provides up to 84 Summership scholarships for children who otherwise could not afford to go to a summer camp.

BUILDING FINANCIAL STABILITY

Financial education and literacy aim to increase the ability to make decisions regarding money management.

Project Better Together: United Way of Johnson & Washington Counties is partnering with Project Better Together to build a transformed future for our community with greater economic diversity, growth, inclusivity, resilience, and well-being for all.

211: The 211 network thousands of requests for help every year. Most calls, web chats, and text messages are from people looking for help meeting basic needs like housing, food, transportation, and health care.

Disaster: In times of disaster, United Way provides volunteer coordination and resources to aid in relief and recovery efforts. Long-term recovery from disasters takes time, money, volunteers, and strong partnerships, and we stand ready to facilitate providing resources to those who need it most.

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PARTNER AGENCIES

Education

4Cs Community Coordinated Child Care
The Arc of Southeast Iowa
Big Brothers Big Sisters of Johnson County
Girl Scouts of Eastern Iowa and Western Illinois
Hawkeye Area Community Action Program (HACAP)
Joan Buxton School Children's Aid
Neighborhood Centers of Johnson County
United Action for Youth (UAY)



Financial Stability

Community Crisis Services and Food Bank
Coralville Community Food Pantry
Free Lunch Program
Goodwill of the Heartland
The Housing Fellowship
Iowa Legal Aid
Iowa Valley Habitat for Humanity
North Liberty Community Pantry
Shelter House
Table to Table



Health

Abbe Mental Health Center
Domestic Violence Intervention Program (DVIP)
Geriatric & Special Needs Dental Program
Healthy Kids: School-Based Health Clinics
Hillcrest Family Services
Iowa City Free Medical & Dental Clinic
Meals on Wheels of Johnson County, A Program of Horizons
National Alliance on Mental Illness—Johnson County
Aging Services, Inc./Pathways Adult Day Health Center
Rape Victim Advocacy Program (RVAP)
Visiting Nurse Association (VNA)

