

United Way of Johnson & Washington Counties Partner Agencies



Abbe Mental Health Center

1039 Arthur St.
Iowa City, IA 52240
Phone: (319) 338-7884

Website: www.abbehealth.org

The following services are provided: outpatient psychotherapy and psychiatry for children and adults, including play therapy, family services and school liaison counseling. Services to the chronically mentally ill include supported community living, homeless outreach, and urgent services. Also available: consultation and education to the community.



Aging Services, Inc./Pathways Adult Day Health Center

817 Pepperwood Lane
Iowa City, IA 52240
Phone: (319) 398-3644

Website: www.abbehealth.org

Aging Services offers a continuum of services to help older adults remain in their home. Aging Services' mission is to enhance the lives of older adults by providing services and resources to help them remain independent. Services include but are not limited to Pathways Adult Day Health, Respite, Chore Home Repair & Services, Transportation, Caregiver Support and Referral and Resource Services. Aging Services is dedicated to helping seniors in our community live happy, healthy, active lives as independent as possible.



The Arc of Southeast Iowa

2620 Muscatine Ave,
Iowa City, IA 52240
Phone: (319) 351-5017

Website: www.arcsei.org

The Arc of Southeast Iowa has been serving children and adults with intellectual and developmental disabilities and their families in Johnson and surrounding counties since 1957 providing advocacy; information and referral; individual and group respite care; supported community living; supported employment; consumer directed attendant care; Sibship; daycare; Bill Reagan scholarship program; Parent Education and three summer day camps for children.



Big Brothers Big Sisters of Johnson County

3109 Old Hwy 218 S.
Iowa City, IA 52246
Phone: (319) 337-2145

Website: www.bbbsjc.org

Big Brothers Big Sisters of Johnson County creates and supports one-to-one mentoring relationships that ignite the power and promise of youth. Adult volunteers provide companionship, role modeling, guidance and friendship, through either a Community Based or School Based Program.



**CORALVILLE
COMMUNITY
FOOD PANTRY**

Coralville Community Food Pantry

**1002 5th Street
Coralville, IA 52241
Phone: (319) 337-3663**

Website: www.coralvillefoodpantry.org

Maintains a client-choice food distribution model for Coralville residents, where food insecure families and individuals can visit the pantry once a week to freely select food and personal care items that best suit their unique needs. Other services provided include a School Break Nutrition Program (special food distributions during school breaks), Seed Library (promotes gardening and healthy food choices by making heirloom vegetable seeds freely available to clients), and Free Community Meals (provides quarterly meals prepared for community members by volunteers).



CommUnity
Crisis Services and Food Bank

CommUnity Crisis Services and Food Bank

**1121 Gilbert Ct.
Iowa City, IA 52240-4528
Phone: (319) 351-0140**

Website: www.builtbycommunity.org

Provides immediate support through the Food Bank and Crisis Intervention Programs. All services are free and confidential. 24-Hour Crisis Line, Chat, and Text services. Available by phone 24/7; walk-in counseling offered Monday - Friday, 9am - 5pm; mobile crisis outreach offered 24 hours to Iowa and Johnson Counties. Specializes in suicide prevention and crisis intervention services, and hosts monthly support groups for individuals with specific needs, with times and locations listed online. Through the Food Bank Program, offers weekly supplemental food assistance and vouchers for clothing and household items. Offers limited financial assistance to avoid eviction or loss of utilities for individuals in Johnson County.



Domestic Violence Intervention Program (DVIP)

**1105 S. Gilbert Ct., Ste. 300
Iowa City, IA 52240
Phone: (319) 351-1043**

Website: www.dvipiowa.org

Provides support and resources to individuals battered by their intimate partner or loved ones. Provides the following confidential crisis intervention services: 24-hour safe shelter and hotline; advocacy with law enforcement, courts, medical and social services; counseling and support groups; youth support services; volunteer opportunities; and community education. Founded on the belief that everyone has the right to live free of fear and harm.



Advocating for Quality Childcare in Our Community

4Cs Community Coordinated Child Care

**1500 Sycamore St.
Iowa City, IA 52240
Phone: (319) 338-7684**

Website: www.iowa4cs.com

Provides education, consultation and resources to home and center-based child care programs. Administers a child care food program and provides a series of early childhood workshops and conferences that are open to the public. Provides crisis child care and operates an emergency child care center.



Free Lunch Program

1105 S. Gilbert Ct., Ste. 100

Iowa City, IA 52240

Phone: (319) 325-0652

Website: www.icflp.org

Provides noon meals, free of charge, six days a week to anyone in need. Lunch is served Monday through Saturday from noon to 1 p.m. Doors are open 11:30am-1:30pm. Meals are prepared and served by 37 different volunteer groups. Shoes and shirt are required for service.



Geriatric & Special Needs Dental Program

University of Iowa

W329 DSB

Iowa City, IA 52242

Phone: (319) 335-7373

Website: www.dentistry.uiowa.edu

This program is conducted by the University of Iowa, College of Dentistry. It provides comprehensive dental services to geriatric and special needs patients, including: medically, physically and cognitively compromised adults, frail elderly, nursing home residents, homeless, indigent, and other under-served populations.



Girl Scouts of Eastern Iowa and Western Illinois

2345 Blairs Ferry Road NE

Cedar Rapids, IA 52402

Phone: (319)363-8335

Website: www.girlscoutstoday.org

Girl Scouts is the preeminent leadership development organization for girls and believes in the power of every G.I.R.L. (Go-getter, Innovator, Risk-taker, Leader)[™] to change the world. The Girl Scout program provides girls of varying backgrounds and abilities the opportunity to discover adventure, gain new skills, and change the world. By focusing the Girl Scout program on the core initiatives of Entrepreneurship, Outdoors, Life Skills, and STEM, girls will become self-sufficient, courageous, and ready to tackle what's ahead.



Goodwill of the Heartland

8200 6th St. SW

Cedar Rapids, IA 52404-7029

Phone: (866)466-7881

Website: www.goodwillheartland.org

Provides employment, training, and support services to advance the social and economic well-being of persons who experience barriers to independence and self-sufficiency. Specific services provided include day habilitation, supported community living, vocational assessment, career exploration, occupational skills training, job placement, job coaching, and long-term employment.



Hawkeye Area Community Action Program (HACAP)

367 Southgate Ave.

Iowa City, IA 52240

Phone: (319) 337-5765

Website: www.hacap.org

HACAP, a Community Action Program, is responsible for developing and delivering Iowa's anti-poverty plan for Benton, Iowa, Johnson, Jones, Linn and Washington counties. Key programs operated by HACAP are Low-Income and Transitional Housing, Head Start/Early Head Start, Low Income Energy Assistance, Home Weatherization, and the Food Reservoir which supplies food pantries, Community Crisis Center Food Bank, Table to Table and any nonprofit organization serving meals in Johnson County.



Healthy Kids: School-Based Health Clinics

1725 N. Dodge Street

Iowa City, IA 52245

Phone: (319) 631-3204

Website: www.iowacityschools.org/Page/1164

The Healthy Kids School-based Health Clinics provides free health care, mental health services, dental care and vision care to children in Johnson County from birth through high school graduation who are uninsured, under-insured, or have other barriers to accessing healthcare. Clinics are offered at South East Jr. High, City High, and Northwest Jr. High Schools.



Hillcrest Supported Living

407 Hwy. 1 West

Iowa City, IA 52246

Phone: (319) 337-4204

Website: www.hillcrest-fs.org

Hillcrest Supported Living Program provides Visiting Counselors that assist adults living with a serious and persistent mental illness, with developing the skills and supports needed to live independently. We also offer Visiting Psychiatric Nursing services.

Birch House

745 Pepper Drive

Iowa City, IA 52240

Phone: (319) 341-9849

Website: www.hillcrest-fs.org

Birch House is a five bed community-based group home for adults with serious and persistent mental illness. We prepare individuals for independent living upon discharge.



The Housing Fellowship

322 East 2nd Street

Iowa City, IA 52240

Phone: (319) 358-9212

Website: www.housingfellowship.com

The Housing Fellowship is the largest non-profit developer and property manager of affordable housing in Johnson County.



Iowa City Free Medical & Dental Clinic

2440 Towncrest Drive

Iowa City, IA 52240-6622

Phone: (319) 337-4459

Website: www.freemedicalclinic.org

Provides free out-patient medical and dental services for uninsured and under-insured members of the community, including medications, labs, radiology procedures, specialty care and case management.



Iowa Legal Aid

Eastdale Plaza

1700 S. First Avenue, Suite 10

Iowa City, IA 52240

Phone: (319) 351-6570 or 800-532-1275

Website: www.iowalegalaid.org

Iowa Legal Aid provides free legal services to low-income Iowans in civil matters. Iowa Legal Aid does not handle criminal cases. Priorities for service include protection from domestic violence, housing, public benefits (e.g. FIP, VA, SSD/SSI, food assistance, unemployment benefits), consumer issues (e.g. relief from garnishment, utility problems), health issues (e.g. Medicare, Medicaid, Managed Care), tax controversies with the IRS, education issues (including special education), and issues for seniors (60+).



Iowa Valley Habitat for Humanity

2401 Scott Blvd. SE

Iowa City, IA 52240

Phone: (319) 337-8949

Website: www.iowavalleyhabitat.org

Provides affordable home ownership via construction, home rehabilitation and preservation. The Helping Hands program builds ramps or makes repairs for lower income disabled and senior home owners. Advocates for fair housing policies and provides access to resources that help families improve their shelter conditions. Provides low-cost materials and appliances through ReStore Program.



Joan Buxton School Children's Aid
1725 N. Dodge Street
Iowa City, IA 52245
Phone: (319) 688-1000

This program helps families access basic needs so that children are able to come to school ready to learn. Funds provide clothing, boots, tennis shoes, school supplies, eye exams, glasses, medications and other resources to children in need.



Meals on Wheels of Johnson County, A Program Of Horizons
2210 9th Street, Ste. 1
Coralville, IA 52241
Phone: (319) 338-0515
Website: www.horizonsfamily.org

Elder Services, a program of Horizons, provides services to community residents over the age of 60 so they may live more comfortably in their homes. Our services include Meals on Wheels, congregate dining, Information and Referral Services, Caregiver Counseling, Financial Counseling, Representative Payee Services, Money Management and the Survivors Program.



National Alliance on Mental Illness—Johnson County
702 S. Gilbert St., Suite 111
Iowa City, IA 52240
Phone: (319) 337-5400
Website: www.namijc.org

National Alliance on Mental Illness (NAMI) of Johnson County, a grassroots organization that has affiliates across the country as well as in Johnson County, offers education, support, and advocacy for persons with mental illness (consumers) and their families. Evidence-based educational classes are provided for families/significant others, consumers, care providers, and the general public. Community, state, and national resources are available depending on the needs of those served. Peer support is available by phone, at group meetings, or individually. NAMI advocates at the local, state, and national levels to improve the lives of all those affected by mental illness, which is the entire community. NAMI of Johnson County currently works with the school system, the criminal justice system, local businesses, and many other United Way agencies to educate, support, and advocate. Printed materials and presentations are available upon request.



Neighborhood Centers of Johnson County
PO Box 2491
Iowa City, IA 52244-2491
Phone: (319) 354-2886
Website: www.ncjc.org

Neighborhood Centers of Johnson County offers neighborhood and school-based education, support programs and activities for children and families in low-income areas throughout Johnson County. Youth programs include accredited early childhood classrooms, K-6th grade before-and-after-school programs, summer camps, teen groups, tutoring, pre-employment training and more. Adult programs include home visits for parents, parenting education classes, English Language Learner (ELL) classes and more. Throughout the year, NCJC hosts neighborhood and community gatherings which strengthen our families' networks of support. Our programs and neighborhood presence diminish the barriers that can trap families in a cycle of vulnerability and obstruct their progress towards self-sufficiency, stability, good health, and happiness.



North Liberty Community Pantry

89 N. Jones Blvd.
North Liberty, IA 52317
Phone: (319) 626-2711

Website: www.northlibertycommunitypantry.org

Provides supplemental food and clothing to hundreds of families in North Liberty and rural areas of northern Johnson County. Families may visit up to once a week for services. Other services include nutrition education, cooking and gardening classes and personal care items.



Rape Victim Advocacy Program (RVAP)

332 S. Linn St., Suite 100
Iowa City, IA 52240
Phone: (319) 335-6001

Website: www.rvap.org

RVAP is a sexual assault victim advocate and prevention education agency that also hosts the Iowa Sexual Abuse Hotline (800-284-7821). We serve individuals impacted by sexual violence - survivors and/or their loved ones in the following eastern Iowa counties: Cedar, Des Moines, Henry, Iowa, Johnson, Lee, Washington, Van Buren. This includes but is not limited to individuals of any age, gender, identity, culture, etc. Advocates provide medical, legal, court, and systems advocacy, counseling, support groups, and other direct services to victims/survivors of sexual abuse and their partners, friends and family members. Our vision is a community free from sexual violence.



Shelter House

429 Southgate Avenue
PO Box 3146
Iowa City, IA 52244
Phone: (319) 351-0326
Admin Phone: (319) 338-5416

Website: www.shelterhouseiowa.org

Shelter House provides safe shelter and helps people improve the quality of their lives as they move beyond homelessness. We offer a robust continuum of programs and supports focusing on emergency, stabilization, and long-term interventions in the areas of housing, employment, and mental health recovery. Through these efforts combined, Shelter House helps men, women and their families get back on their feet. We keep children in school, help men and women get back to work, assist the disabled and elderly to access benefits and health care and move individuals and families into their own homes. In so doing, Shelter House improves the health, safety, and well-being of hundreds of individuals each year and our community at large.



Table to Table

1049 US-6 E
Iowa City, IA 52240
Phone: (319) 337-3400

Website: www.table2table.org

Table to Table builds vital connections between abundance and hunger in Johnson County. And we do it by keeping wholesome, edible food from going to waste by collecting it from donors and distributing it to those in need through agencies that serve the hungry, homeless and at-risk populations. Last year, Table to Table rescued nearly 2 million pounds of food and fed more than 19,000 people.



United Action for Youth (UAY)

1700 S. 1st Ave., Ste. 14

Iowa City, IA 52240

Phone: (319) 338-7518

Website: www.unitedactionforyouth.org

UAY offers counseling and youth development programs to teens and families in Johnson County and surrounding communities. UAY offers family mediation and therapy for youth and their parents, to address family conflict, communication, depression, anxiety, trauma and grief. UAY operates a Youth Center located at 355 Iowa Avenue in downtown Iowa City that is open Monday through Saturday. The Youth Center includes a recording studio, art studio, art gallery, performance space, counseling, and the Rotary Center for Youth Volunteers. UAY operates a family support program for pregnant and parenting teens that includes skill-building, counseling and health services. UAY also operates a Transitional Living Program for homeless youth 16-22.



Visiting Nurse Association (VNA)

1524 Sycamore St.

Iowa City, IA 52240

Phone: (319) 337-9686

Website: www.vnaic.org

Provides home health services to people of all ages with acute and chronic illness. Home medical services are provided by nurses, therapists, social workers and home care aides. Community services include health screening, consultation, education programs and flu clinics.