



# Volunteer UNITED

UNITED WAY OF JOHNSON & WASHINGTON COUNTIES  
VOLUNTEER EXPRESS

## August & September 2025



### Back to School Supply Distribution

August 15 Noon-7:00pm August 16 10:00am-3:00pm

Johnson County Fairgrounds Building A

United Way of Johnson & Washington Counties, The Salvation Army, Neighborhood Centers of Johnson County, Big Brothers Big Sisters of Johnson County, and Open Heartland have teamed up to provide local families with school supplies and additional services.

Over 150 volunteers are needed to assist with distributing school supplies. Click here to volunteer: [Opportunities | United Way Volunteer Center](#)

Donations are also still needed to meet the local need.

Click here to learn more about the event and how you can help meet the school supply need: <https://www.unitedwayjwc.org/backtoschool>



### Healthy Kids Iowa Family Food Distribution

August 20<sup>th</sup> 2:00pm-6:00pm

Penn Meadows Park North Liberty

Volunteers are needed to assist with the August Family Food Distribution. Assistance is need with:

- Event Set-up
- Food Distribution
- Event Tear-down

Volunteer Information and Sign-up:

[https://unitedwayjc.galaxydigital.com/need/index?s=1&need\\_init\\_id=14129](https://unitedwayjc.galaxydigital.com/need/index?s=1&need_init_id=14129)



## **FRYfest 2025**

**August 29<sup>th</sup> – A Celebration of Everything Hawkeye**

Volunteer for this great event!!

A variety of volunteer times and activities are available.

Volunteering for community events helps keep these events free and accessible to all community members.

Use this link for Volunteer Sign-up and more Information:

<https://fryfest.com/volunteer/>



### **Boys & Girls Club of Iowa City Summer Club Volunteer Support**

**1059 US-6 E, Iowa City**

**July 8-August 16 Monday through Friday 9:00am-5:00pm**

**Volunteers can sign up for 2-4 hour shifts**

Individual or Small Group Volunteers are needed to assist with:

- Reading with youth in grades K-6
- Facilitating "Money Matters", a national program teaching teens financial literacy
- Serving lunch to members
- General engagement and support during club hours

#### **Volunteer Information and Sign-up:**

Email or call to get started. A background check is required and volunteers will be assisted with the process.

**Contact:** Ronnie Smith, Unit Director 319-330-3832 [rsmith@inmyclub.org](mailto:rsmith@inmyclub.org)



### **Coralville Community Food Pantry**

**804 13<sup>th</sup> Ave, Coralville**

**Summer Lunch Program June 10 – August 22**

**Tuesday-Friday 11:00am-1:30pm**

The Coralville Community Food Pantry will be providing a free meal and fun activities to local kids every Tuesday-Friday.

Volunteers are needed to welcome kids and their families, serve food, and play games. Use these links to review volunteer opportunities and sign-up:

[August Summer Lunch Sign up](#)



**Summer of the Arts**  
**Rhythms at Riverfront Crossings**  
**August 16 and August 30**  
**1.5-2.5 hour late afternoon and evening shifts**

Volunteers are needed with event set-up and tear down, and with monitoring the entrance/exit by the stage (Big Grove Brewery serves beverages at the event site).

Volunteer Information and Sign-up:

<https://summerofthearts.volunteerlocal.com>

Links to the Volunteer Application (at the bottom) and Event Sign-Ups are on one landing page (this is a two-step process)

For questions or more information, contact Andrea Truitt, Director of Engagement:  
[andrea@summeroftheARTS.org](mailto:andrea@summeroftheARTS.org)



**Neighborhood Centers of Johnson County**  
**End of Summer Jam**  
**Saturday, August 23 2:00pm-5:00pm**  
**Willow Creek Park 1117 Teg Drive, Iowa City**

Join an unforgettable celebration bidding farewell to an incredible summer and gearing up for the new school year at the "End of Summer Jam" block party!!

Volunteer assistance is needed for a variety of volunteer activities for this event. Utilize the link below for more information or to sign-up:

[NCJC Volunteers: End of the Summer Jam 2025](#)



**Shelter House – Annual BBQ Bash Fundraiser**  
**September 26 5:00pm – 7:00pm**  
**Johnson County Fairgrounds**

Volunteers are needed to make this fundraising event a success!

- Event set-up on September 25 and September 26
- During the event serve food and drinks, keep the food and beverage stations full, clear tables, supervise the kids table, and more
- A large team is needed to assist with tear-down at the conclusion of the event

**Review Volunteer Needs and Sign-up Here:** <https://bit.ly/bbqbash25>

If you have questions or would like more information e-mail:

[volunteer@shelterhouseiowa.org](mailto:volunteer@shelterhouseiowa.org)



**Neighborhood Centers of Johnson County &  
St Andrew Presbyterian Church  
Pheasant Ridge Lunch Bunch Volunteers Needed  
Monday-Friday 12:00-1:00pm**

Help serve free lunch to youth during the 9-week Summer Lunch Bunch program. Currently serving 100 neighborhood kids daily and volunteer help is needed.

Sign-up to volunteer here:

[AUGUST Lunch Bunch @ Pheasant Ridge 2025](#)

Contact Molly Schintler for questions: [lunchbunch@saintandrew-ic.org](mailto:lunchbunch@saintandrew-ic.org)



**Crowded Closet Thrift Shop  
Individual and Group Volunteer Work Nights  
August 21st**

Volunteer at everyone's favorite thrift shop where your service provides local and global relief! [Crowded Closet Thrift Shop: Work Night Volunteers Needed](#)

For more information or questions, contact the Volunteer Manager at:  
319-337-5924 ext. 12 or [crowdedcloset.volunteer@gmail.com](mailto:crowdedcloset.volunteer@gmail.com).



**Ronald McDonald House  
Prepare A Meal for Families**

Bring your group to prepare a meal for families.

We need your help! Summer is the hardest time of year to find groups to make meals for families.

Returning from the hospital to a hot and fresh dinner is definitely the most appreciated amenity offered to guests of the Ronald McDonald House.

Meal groups determine the menu and provide groceries for their meal. All the necessary equipment needed to prepare your meal is available in the kitchen. Dinner is served daily at 5:30pm, and groups are welcome to come anytime starting at 2pm to prepare.

If you are interested in signing up for a date, you can check availability and sign up on the online calendar here: [RMHC-EIWI Online Meal Calendar](#)



## **Agape Café**

**Meal Prep Tuesday Afternoons 1:00pm-3:00pm**

**Breakfast Service Wednesday Mornings 9:00am-11:00am**

**26 East Market Street at Old Brick Church, Iowa City**

Agape Café serves a free, hot, breakfast dine-in or to-go for neighbors experiencing homelessness and/or food insecurity. Breakfast is served every Wednesday.

Volunteers are needed to assist with a Tuesday afternoon prep period and Wednesday service. The afternoon prep involves setting up the dining hall at Old Brick and assembling ingredients for the following morning's breakfast. Wednesday morning volunteer activities include washing dishes, putting away supplies, tables and chairs, etc.

Flexibility with volunteer hours is available. Come early and enjoy a great breakfast.

If you are interested in volunteering or learning more, contact Jenny Britton at: 319-400-4879 or [agapebreakfast@gmail.com](mailto:agapebreakfast@gmail.com)



**Crowded Closet**  
MCC THRIFT SHOP

## **Crowded Closet Thrift Shop**

**Welcome Students and Community Members!!**

Crowded Closet is excited to host new and returning student volunteers and community volunteers to help in a variety of roles across donation processing and retail.

Invest in yourself and your community as a Crowded Closet volunteer. You will gain skills, build your resume, serve locally, and make an impact globally! Plus earn Silver Cord hours if you are a high school student. Flexible shifts available. Learn more at [crowdedcloset.org/volunteer1](https://crowdedcloset.org/volunteer1), or contact the Volunteer Manager at [crowdedcloset.schedule@gmail.com](mailto:crowdedcloset.schedule@gmail.com) or call 319-337-5924 x12.

Crowded Closet Thrift Shop receives donated items and sells them locally to support relief, development, and peacebuilding around the world and in our local community.



## **Community Crisis Services and Food Bank**

Current volunteer needs include the Food Bank, Mobile Pantry, Grocery Delivery Driver, and Financial Services Support

Food Bank Volunteer Signup: [HERE](#)

Mobile Pantry Volunteer Signup (by location): [HERE](#)

Grocery Delivery Driver Volunteer Signup: [HERE](#)

Financial Support Services Volunteer Information: [HERE](#)



## **Fields of Faith**

**Planting, weeding, harvesting, and packing produce**

**Saturday Mornings May through September 8:00am-10:30am  
2554 Cemetery Road NW, Oxford IA 52322 (Johnson County)**

Fields of Faith is a nonprofit farm dedicated to growing and sharing fresh produce with local churches, food banks, and community organizations. Learn hands-on farming and sustainability practices... no experience necessary! Groups welcome.

Volunteers are needed every Saturday morning, May through September.

Information and Volunteer Sign-up: [Volunteer Opportunities - Fields of Faith](#)

Contact: Jeff Disterhoft (319)-930-5987 or [info@fofiowa.org](mailto:info@fofiowa.org)



## **Houses into Homes**

Houses into Homes provides gently used beds, furniture, and household items for families and individuals in Johnson County who are exiting homelessness, domestic violence, and other crisis situations.

This work is only possible with the support and service of community members!!

### **Delivery and Warehouse Volunteers**

- Volunteers are needed for furniture deliveries on Saturday August 23, Sunday September 7, Saturday September 20
- Volunteers are needed to assist in the warehouse with a variety of tasks

[Click here to view all Houses into Homes volunteer opportunities.](#)



## **Shelter House - Individual Volunteer Opportunities**

Shifts are flexible to volunteer schedules

Volunteers are needed to help with the following:

- Sorting donations
- Fulfilling client donation requests
- Assisting in the Job Lab to help clients use computers to apply for jobs, create resumes, and apply for housing.

Visit <https://shelterhouseiowa.org/volunteer/> for more information and to fill out a volunteer application today!

Contact: [volunteer@shelterhouseiowa.org](mailto:volunteer@shelterhouseiowa.org)



The Johnson County Meals on Wheels program is looking for additional Flex Drivers. Flex Drivers are substitute drivers who are available to fill in for last minute volunteer cancellations to deliver meals.

Meal delivery takes place Monday-Friday with pick up time between 10:15am and 10:30am. Routes typically take between one to two hours. Meal pickup location is at the Meals on Wheels Coralville office, 2210 9<sup>th</sup> St. Coralville, IA 52241.

New volunteers will fill out a volunteer application for Johnson County on our [website](#) or with this direct link: <https://www.volgistics.com/appform/196250922> Once approved, volunteers can sign up for this position through the volunteer portal or through Cara directly. Flex volunteers are typically notified the day before the delivery shift.

For additional information or questions, please contact:  
Cara Brady, Johnson County Volunteer Coordinator 319-375-3160



## **Iowa City Free Medical & Dental Clinic**

### **Summer Volunteers Needed**

### **Variety of Volunteer Positions**

The Iowa City Free Medical & Dental Clinic is looking for a variety of volunteers:

- Reception
- Clinic Assistant
- Patient Guides
- Interpreters
- Phlebotomist/Laboratory
- Pharmacy

Apply online at: <http://freemedicalclinic.org/give-time/>

Use this link to review detailed volunteer role descriptions:

[Volunteer Descriptions – Free Medical and Dental Clinic \(freemedicalclinic.org\)](#)

For questions or further information e-mail: [volunteer@freemedicalclinic.org](mailto:volunteer@freemedicalclinic.org)



## **Iowa Valley Habitat for Humanity Construction Volunteers Needed – Iowa City Locations Volunteer shifts available Thursday-Saturday every week 8:00am-12:00pm & 1:00pm-5:00pm**

Iowa Valley Habitat for Humanity is always looking for construction volunteers to help with the progress of current builds in the Iowa City area.

Volunteers will help construction staff through the entire home building process. No prior experience or knowledge is required! Volunteers are trained and provided with all the tools needed to accomplish the tasks at hand.

**Age Restrictions:** All volunteers must be at least 16 years old. All volunteers under 18 must have a liability waiver filled out and signed by a parent or legal guardian. Minor volunteers also have slight restrictions regarding the jobs they can help with. If a volunteer is under 18, it is best to contact the Volunteer Coordinator in advance.

Sign up to volunteer here: [Volunteer Calendar](#)

For questions or more information please contact:  
Sammi deNeui, Volunteer Coordinator, [sammi@iowavalleyhabitat.org](mailto:sammi@iowavalleyhabitat.org)



### **Ronald McDonald House Weekly Scheduled Volunteers**

Weekly scheduled volunteers assist with miscellaneous duties to keep the House a clean, welcoming environment. There are three different positions to choose from:

- Front Desk Volunteers
- Kitchen Volunteers
- In-House Volunteers

If you are interested in learning more complete the online application here:  
<https://rmhc-eiwi.org/volunteer-application/>





NEIGHBORHOOD  
CENTERS

## Neighborhood Centers of Johnson County Onsite Volunteer Opportunities

Volunteers are needed to assist with the following:

- **Sewing Class Assistant** – Assist with supporting participants during weekly sewing classes (Mondays 12:00-1:00) Iowa City Family Resource Center
- **Front Desk Volunteer Assistant** – Greet families and staff as they arrive and help create a welcoming, helpful lobby environment. Assist with communications between parents, teachers, and staff. M-F 7:30am-9:00am Broadway or Pheasant Ridge Neighborhood Center locations (Iowa City)
- **Early Learning Classroom Helper** – Support Early Childhood teachers and toddlers in the classroom. M-F 9:00am-11:00am or 3:30pm-5:30pm
- **Summer Camp Mentor/Helper**– Support school-aged youth at NCJC Summer Camp locations. Mark Twain Elementary and Alexander Elementary. Any hours between 7:30am-5:30pm. Morning volunteers are most needed.

For more information or to sign up contact: Bella Williams 319 354 2886 ext. 104  
[Bella-Arredondo@ncjc.org](mailto:Bella-Arredondo@ncjc.org)



### HACAP Food Pantry – Washington, Iowa 2176 Lexington Blvd

Volunteers are needed to assist in the HACAP Food Pantry in Washington.

- Sort and organize food donations during the week
- Assist with grocery store pick-ups of donated food
- Ensure food is distributed quickly and safely to those in need
- Volunteer shifts are flexible and can be tailored to volunteer availability

### For more information or to volunteer contact:

Renella Crawford, Washington Operations Director  
319-653-7275 or [rcrawford@hacap.org](mailto:rcrawford@hacap.org)



### Ronald McDonald House Casserole Club Volunteers

Volunteers are welcome to come in during the day and prepare casseroles for us to freeze and later provide to families when we do not have an evening volunteer meal group.

Groups of 8 can be accommodated. You bring in the ingredients to prepare your casseroles on-site. Our fully stocked kitchen will have everything else you need! We ask that Casserole Club groups wrap up by noon, so if we have a meal group coming in that evening, the kitchen will be available. If you are interested in signing up for a date, you can check availability and sign up on the online calendar here:

[RMHC-EIWI Online Meal Calendar](#)



UnityPoint Health  
AbbeHealth Services

## **Aging Services, Inc. - Pathways Adult Day Health Center Day Program for Seniors and Adults with Disabilities Volunteers Needed - Variety of Activities Available**

Pathways can create a custom volunteer experience for individuals or groups and offer one-time or short-term volunteer options. Volunteers can assist with anything from 1:1 time with participants (playing a game, talking, or assisting them during a big group program), helping out with main group activities during crafts or games, coming to help with a holiday party, or administrative tasks such as filing or mailing letters.

If you are interested in learning more about how you can make a difference at Pathways in Iowa City, reach out to Hannah Lenth by e-mail or phone:

[Hannah.lenth@unitypoint.org](mailto:Hannah.lenth@unitypoint.org) 319-339-6162



### **Historical Secret 1883 Octagonal Barn**

Barn Restoration Volunteers

Johnson County, 5750 Osage St SE, West Liberty, IA 52776

Volunteer dates and times are flexible

Individual and Group Volunteers are needed to assist with cleaning, repairing, and painting the Historic Secret 1883 Octagonal Barn.

For more information or to schedule a volunteer time, contact Richard Tyler at:

[rich-tyler@uiowa.edu](mailto:rich-tyler@uiowa.edu)



### **United Way of Johnson & Washington Counties Office Volunteers**

The United Way of Johnson & Washington Counties is looking for office volunteers to assist with office needs and various projects. Tasks such as reception, donation counting and sorting, mailing projects, inventory of community impact items, organizing, etc.

Volunteer time would typically be during business hours Monday-Friday. Flexible scheduling based upon project needs and volunteer availability.

If you are interested in learning more about volunteering at the United Way office, please contact Wendy Nolan: [wendy.nolan@unitedwayjwc.org](mailto:wendy.nolan@unitedwayjwc.org) or 319-338-7823

For information on other volunteer opportunities:

United Way Volunteer Center

<https://www.unitedwayjwc.org/volunteer-center>

319-337-8657 or email: [vols@unitedwayjwc.org](mailto:vols@unitedwayjwc.org)

Wendy Nolan

Volunteer and Community Engagement Manager

United Way of Johnson & Washington Counties

(319) 338-7823

[www.unitedwayjwc.org](http://www.unitedwayjwc.org)

