



Volunteer UNITED

UNITED WAY OF JOHNSON & WASHINGTON COUNTIES
VOLUNTEER EXPRESS

September & October 2025



Welcoming Weekend Festival IC Compassion and Church of the Nazarene September 12th-September 14th

Join IC Compassion and The Church of the Nazarene in celebrating our vibrant and diverse community as Welcoming Week is kicked off in the Towncrest area Friday, September 12th - Sunday, September 14th. This free community event is in its third year!!

Volunteers are needed to assist with this event throughout the weekend.
Contact Roger@compassion.org or info@iccompassion.org.

To learn more about this event click [HERE](#).



The Arc of Southeast Iowa Birdies and Bogies Fore The Arc Friday September 19th

The Arc is looking for volunteers to assist with their golf tournament fundraiser on September 19th at the Elks Lodge, 637 Foster Road, Iowa City.

To view volunteer activities and shift times, click here:
[Birdies and Bogies Fore The Arc](#)

For questions or more information contact:
Chelsey Markle: 319-351-5017 chelseymarkle@arcsei.org



**Iowa Mission of Mercy
Free Dental Clinic for all Ages
September 19 and September 20
Hyatt Regency, 300 E 9th Street, Coralville**

The Iowa Mission of Mercy (IMOM) is a large-scale, two-day community dental clinic where dental professionals and general volunteers donate their time to provide free oral health care to individuals who face barriers to receiving dental care. A full-service field dental clinic with 100 dental operatories is set up and patients are treated on a first-come/first-served basis.

Since the first IMOM in 2008, over 18,583 patients from all areas of the state and beyond have received free dental care totaling nearly \$13.3 million!

IMOM 2025 will be held on September 19-20 at the Hyatt Regency Coralville. Volunteers are needed to assist with a variety of roles starting with event set-up on Thursday, September 18th through event conclusion on Saturday, September 20th.

To learn more about the event visit: <https://www.iowamom.org/>

To sign-up to volunteer, register here: <https://www.iowamom.org/volunteers>



**African Festival of Arts and Culture
October 4th 12:00pm – 9:00pm
Iowa City Ped-Mall, 210 S Dubuque St, Iowa City**

Volunteers are needed to make the 2nd year of this event a success.

Help celebrate the rich cultural traditions that Africans bring to Iowa and highlight their vibrant presence in this state and community.

To learn more about the event visit: <https://www.africafestiowa.com/>

Sign-up to volunteer here:

<https://www.signupgenius.com/go/10C0A4CAAAD2BA1F8C61-57349309-volunteer#/>



**The Arc of Southeast Iowa - Fall Grounds Outdoor Project
2620 Muscatine Avenue, Iowa City
Date and time flexible based on group availability**

The Arc is looking for a group of 5-10 volunteers for a few hours to rake, weed, mulch, patch cracks in the parking lot and sidewalks, and clean up on/around the playground.

If you have a group interested in this project, contact Chelsey Markle at:
Chelsey Markle: 319-351-5017 chelseymarkle@arcsei.org



Shelter House – Annual BBQ Bash Fundraiser
September 26 5:00pm – 7:00pm
Johnson County Fairgrounds

Volunteers are needed to make this fundraising event a success!

- Event set-up on September 25 and September 26
- During the event serve food and drinks, keep the food and beverage stations full, clear tables, supervise the kids table, and more
- A large team is needed to assist with tear-down at the conclusion of the event

Review Volunteer Needs and Sign-up Here: <https://bit.ly/bbqbash25>

If you have questions or would like more information e-mail:
volunteer@shelterhouseiowa.org



Girl Scout Event: Halloweekend at Camp Liberty
Friday, October 17th (set-up) and Saturday, October 18th
Various times and volunteer activities available
4415 295th St., New Liberty, Iowa

Volunteers are currently needed for one of the most popular family events, Halloweekend at Camp Liberty on Saturday, October 18th.

This outdoor fair-style event draws over 400 families for a day filled with fall fun, including:

- Trick-or-treating at decorated cabins
- A Potions lab with creative youth activities
- Inflatables and a laser maze
- Hayrack rides
- Food Truck
- Optional add-on activities like ziplining, rock climbing, and pony rides

We are looking for Halloween enthusiasts interested in community engagement opportunities! Volunteers will help at various activity stations and ensure guests have a safe and enjoyable experience. [Click Here to review volunteer shifts or sign-up](#)

Thank you for supporting local youth and community events! If you have any questions, please reach out to aimeew@girlscoutstoday.org



Crowded Closet Thrift Shop

Individual and Group Volunteer Opportunities

Be part of the award-winning retail team at Crowded Closet Thrift Shop where we strive to provide excellent customer service to our guests.

Cashiering is easy to learn and fun as you interact with our thrift shop customers. We also have other exciting retail positions awaiting new volunteers! This is a great opportunity for individuals to gain skills, build their resumes, engage with their community, stay active, and to make a difference locally and globally!

Crowded Closet Thrift Shop receives donated items and sells them locally to support relief, development, and peacebuilding around the world and in our local community.

Find our volunteer application [HERE](#), or email us at crowdedcloset.volunteer@gmail.com with any questions!



Ronald McDonald House

Prepare A Meal for Families

Bring your group to prepare a meal for families.

We need your help! Summer is the hardest time of year to find groups to make meals for families.

Returning from the hospital to a hot and fresh dinner is definitely the most appreciated amenity offered to guests of the Ronald McDonald House.

Meal groups determine the menu and provide groceries for their meal. All the necessary equipment needed to prepare your meal is available in the kitchen. Dinner is served daily at 5:30pm, and groups are welcome to come anytime starting at 2pm to prepare.

If you are interested in signing up for a date, you can check availability and sign up on the online calendar here: [RMHC-EIWI Online Meal Calendar](#)



Agape Café

Meal Prep Tuesday Afternoons 1:00pm-3:00pm

Breakfast Service Wednesday Mornings 9:00am-11:00am

26 East Market Street at Old Brick Church, Iowa City

Agape Café serves a free, hot, breakfast dine-in or to-go for neighbors experiencing homelessness and/or food insecurity. Breakfast is served every Wednesday.

Volunteers are needed to assist with a Tuesday afternoon prep period and Wednesday service. The afternoon prep involves setting up the dining hall at Old Brick and assembling ingredients for the following morning's breakfast. Wednesday morning volunteer activities include washing dishes, putting away supplies, tables and chairs, etc.

Flexibility with volunteer hours is available. Come early and enjoy a great breakfast.

If you are interested in volunteering or learning more, contact Jenny Britton at: 319-400-4879 or agapebreakfast@gmail.com



Community Crisis Services and Food Bank

Current volunteer needs include the Food Bank, Mobile Pantry, Grocery Delivery Driver, and Financial Services Support

Food Bank Volunteer Signup: [HERE](#)

Mobile Pantry Volunteer Signup (by location): [HERE](#)

Grocery Delivery Driver Volunteer Signup: [HERE](#)

Financial Support Services Volunteer Information: [HERE](#)



Fields of Faith

Planting, weeding, harvesting, and packing produce

Saturday Mornings May through September 8:00am-10:30am

2554 Cemetery Road NW, Oxford IA 52322 (Johnson County)

Fields of Faith is a nonprofit farm dedicated to growing and sharing fresh produce with local churches, food banks, and community organizations. Learn hands-on farming and sustainability practices... no experience necessary! Groups welcome.

Volunteers are needed every Saturday morning, May through September.

Information and Volunteer Sign-up: [Volunteer Opportunities - Fields of Faith](#)
Contact: Jeff Disterhoft (319)-930-5987 or info@fofiowa.org



Houses into Homes

Houses into Homes provides gently used beds, furniture, and household items for families and individuals in Johnson County who are exiting homelessness, domestic violence, and other crisis situations.

This work is only possible with the support and service of community members!!

Volunteers are needed for furniture deliveries as well as a variety of tasks in the warehouse.

[Click here to view all Houses into Homes volunteer opportunities.](#)



Shelter House - Individual Volunteer Opportunities

Shifts are flexible to volunteer schedules

Volunteers are needed to help with the following:

- Sorting donations
- Fulfilling client donation requests
- Assisting in the Job Lab to help clients use computers to apply for jobs, create resumes, and apply for housing.

Visit <https://shelterhouseiowa.org/volunteer/> for more information and to fill out a volunteer application today!

Contact: volunteer@shelterhouseiowa.org



Meals on Wheels of Johnson County Flex Meal Delivery Drivers Needed

The Johnson County Meals on Wheels program is looking for additional Flex Drivers. Flex Drivers are substitute drivers who are available to fill in for last-minute volunteer cancellations to deliver meals.

Meal delivery takes place Monday-Friday with pick up time between 10:15am and 10:30am. Routes typically take between one to two hours. Meal pickup location is at the Meals on Wheels Coralville office, 2210 9th St. Coralville, IA 52241.

New volunteers will fill out a volunteer application for Johnson County on our [website](#) or with this direct link: <https://www.volgistics.com/appform/196250922> Once approved, volunteers can sign up for this position through the volunteer portal or through Cara directly. Flex volunteers are typically notified the day before the delivery shift.

For additional information or questions, please contact:
Cara Brady, Johnson County Volunteer Coordinator 319-375-3160



Iowa City Free Medical & Dental Clinic Volunteers Needed Variety of Volunteer Positions

The Iowa City Free Medical & Dental Clinic is looking for a variety of volunteers:

- Reception
- Clinic Assistant
- Patient Guides
- Interpreters
- Phlebotomist/Laboratory
- Pharmacy

Apply online at: <http://freemedicalclinic.org/give-time/>

Use this link to review detailed volunteer role descriptions:

[Volunteer Descriptions – Free Medical and Dental Clinic \(freemedicalclinic.org\)](http://freemedicalclinic.org/volunteer-descriptions)

For questions or further information e-mail: volunteer@freemedicalclinic.org



Iowa Valley Habitat for Humanity Construction Volunteers Needed – Iowa City Locations Volunteer shifts available Thursday-Saturday every week 8:00am-12:00pm & 1:00pm-5:00pm

Iowa Valley Habitat for Humanity is always looking for additional construction volunteers throughout September and October to help with the progress of two current builds in the Coralville/Iowa City area.

Volunteers will help construction staff through the entire home building process. No prior experience or knowledge is required! Volunteers are trained and provided with all the tools needed to accomplish the tasks at hand.

Age Restrictions: All volunteers must be at least 16 years old. All volunteers under 18 must have a liability waiver filled out and signed by a parent or legal guardian. Minor volunteers also have slight restrictions regarding the jobs they can help with. If a volunteer is under 18, it is best to contact the Volunteer Coordinator in advance.

Sign up to volunteer here: [Volunteer Calendar](#)

For questions or more information please contact:

Sammi deNeui, Volunteer Coordinator, sammi@iowavalleyhabitat.org



Ronald McDonald House Weekly Scheduled Volunteers

Weekly scheduled volunteers assist with miscellaneous duties to keep the House a clean, welcoming environment. There are three different positions to choose from:

- Front Desk Volunteers
- Kitchen Volunteers
- In-House Volunteers

If you are interested in learning more complete the online application here:
<https://rmhc-eiwi.org/volunteer-application/>



NEIGHBORHOOD
CENTERS

Neighborhood Centers of Johnson County Onsite Volunteer Opportunities

Volunteers are needed to assist with the following:

- **Sewing Class Assistant** – Assist with supporting participants during weekly sewing classes (Mondays 12:00-1:00) Iowa City Family Resource Center
- **Front Desk Volunteer Assistant** – Greet families and staff as they arrive and help create a welcoming, helpful lobby environment. Assist with communications between parents, teachers, and staff. M-F 7:30am-9:00am Broadway or Pheasant Ridge Neighborhood Center locations (Iowa City)
- **Early Learning Classroom Helper** – Support Early Childhood teachers and toddlers in the classroom. M-F 9:00am-11:00am or 3:30pm-5:30pm

For more information or to sign up contact: Bella Williams 319 354 2886 ext. 104
Bella-Arredondo@ncjc.org



HACAP Food Pantry – Washington, Iowa 2176 Lexington Blvd

Volunteers are needed to assist in the HACAP Food Pantry in Washington.

- Sort and organize food donations during the week
- Assist with grocery store pick-ups of donated food
- Ensure food is distributed quickly and safely to those in need
- Volunteer shifts are flexible and can be tailored to volunteer availability

For more information or to volunteer contact:

Renella Crawford, Washington Operations Director
319-653-7275 or rcrawford@hacap.org



Ronald McDonald House Casserole Club Volunteers

Volunteers are welcome to come in during the day and prepare casseroles for us to freeze and later provide to families when we do not have an evening volunteer meal group.

Groups of 8 can be accommodated. You bring in the ingredients to prepare your casseroles on-site. Our fully stocked kitchen will have everything else you need! We ask that Casserole Club groups wrap up by noon, so if we have a meal group coming in that evening, the kitchen will be available. If you are interested in signing up for a date, you can check availability and sign up on the online calendar here:

[RMHC-EIWI Online Meal Calendar](#)



UnityPoint Health
AbbeHealth Services

Aging Services, Inc. - Pathways Adult Day Health Center Day Program for Seniors and Adults with Disabilities Volunteers Needed - Variety of Activities Available

Pathways can create a custom volunteer experience for individuals or groups and offer one-time or short-term volunteer options. Volunteers can assist with anything from 1:1 time with participants (playing a game, talking, or assisting them during a big group program), helping out with main group activities during crafts or games, coming to help with a holiday party, or administrative tasks such as filing or mailing letters.

If you are interested in learning more about how you can make a difference at Pathways in Iowa City, reach out to Hannah Lenth by e-mail or phone:

Hannah.lenth@unitypoint.org 319-339-6162



Historical Secrest 1883 Octagonal Barn

Barn Restoration Volunteers

Johnson County, 5750 Osage St SE, West Liberty, IA 52776

Volunteer dates and times are flexible

Individual and Group Volunteers are needed to assist with cleaning, repairing, and painting the Historic Secrest 1883 Octagonal Barn.

For more information or to schedule a volunteer time, contact Richard Tyler at:

rich-tyler@uiowa.edu



United Way of Johnson & Washington Counties Office Volunteers

The United Way of Johnson & Washington Counties is looking for office volunteers to assist with office needs and various projects. Tasks such as reception, donation counting and sorting, mailing projects, inventory of community impact items, organizing, etc.

Volunteer time would typically be during business hours Monday-Friday. Flexible scheduling based upon project needs and volunteer availability.

If you are interested in learning more about volunteering at the United Way office, please contact Wendy Nolan: wendy.nolan@unitedwayjwc.org or 319-338-7823

For information on other volunteer opportunities:

United Way Volunteer Center

<https://www.unitedwayjwc.org/volunteer-center>

319-337-8657 or email: vols@unitedwayjwc.org

Wendy Nolan

Volunteer and Community Engagement Manager

United Way of Johnson & Washington Counties

(319) 338-7823

www.unitedwayjwc.org

