



COMMUNITY GOAL: Everyone in our community has enough food to eat

KEY MEASURES OF FOOD SECURITY IN OUR COMMUNITY:



Food pantries are serving record numbers, making it challenging to maintain a steady, reliable supply of **nutritionally and culturally appropriate foods**



Many who qualify for SNAP **don't enroll due to barriers** like low benefit amounts, stigma, confusion, or lack of information—missing out on support to buy healthy, personally chosen foods

FOOD INSECURE RESIDENTS NOT ELIGIBLE FOR SNAP

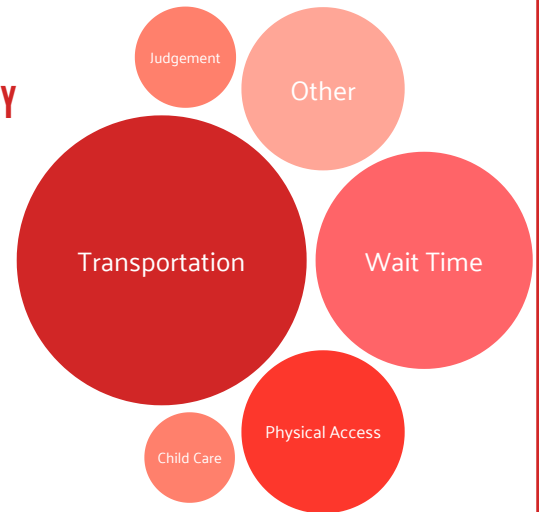
39%

Johnson
County

47%

Washington
County

**20% OF PANTRY
USERS FACE
BARRIERS TO
ACCESS. OF
THOSE, THESE
ARE THE
DIFFICULTIES
IDENTIFIED.**



11.5%
of our
community



HOW WE WILL MOVE CLOSER TO OUR GOALS:

- Improve food pantry offerings by **increasing the variety and availability of nutritious and culturally appropriate foods**
- Integrate community wide data across local pantries to **identify gaps and areas for improvement**
- Increase participation in SNAP by **reducing barriers to enrollment** and **expanding outreach** to seniors and other populations with low participation rates

COMMUNITY GOAL: Everyone has access to safe, secure housing with the supports they need to maintain long-term stability

KEY MEASURES OF HOUSING IN OUR COMMUNITY:



Stable housing is one of the most powerful predictors of health according to the CDC



People with **serious mental illness** are more likely to experience homelessness



Shelters, jails and ERs are not substitutes for adequate **housing supports** and **mental health care**

**IOWA RANKS LAST IN THE NATION FOR
PSYCHIATRIC BED AVAILABILITY**



**2 BEDS PER
100,000 RESIDENTS**



3 OUT OF 4 WOMEN

who have experienced homelessness have also endured domestic violence or sexual assault

HOW WE WILL MOVE CLOSER TO OUR GOALS:

- Understand the impact of **Serious Mental Illness** and trauma on long-term housing stability and identify **needed supports**
- Utilize coordinated, community-based services to **prevent homelessness** and to provide **ongoing support** for individuals transitioning from homelessness to **stable housing**
- Expand **permanent supportive housing** to reduce cycling through emergency systems like hospitals, jails, and shelters



COMMUNITY GOAL: Everyone receives the health care they need to live healthy and fulfilling lives

KEY MEASURES OF HEALTH IN OUR COMMUNITY:



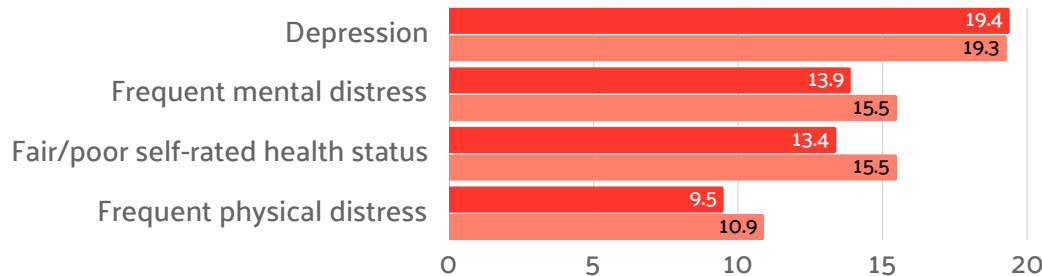
The highest share of **uninsured people** is among working-age adults



Public insurance programs are an important source of health coverage, **especially for children**

MENTAL AND PHYSICAL HEALTH CONCERNS COMMON AMONG ADULTS (BY %)

● Johnson ● Washington



23%

of Johnson Co. residents don't have a primary care provider

Top reason cited:

High cost of health care

17%

of Johnson Co. residents haven't seen a dentist in more than 2 years

Top reasons cited:

Do not have dental insurance, concerned will be too expensive

HOW WE WILL MOVE CLOSER TO OUR GOALS:

- Increase the share of people covered by **affordable insurance** & increase access to free or reduced-cost clinics for those without coverage
- Ensure more people receive essential health services, including **behavioral health, dental & primary care**
- Integrate social determinants of health into health care services so providers can assess & refer patients who have **additional barriers to wellbeing**
- Increase stability through **permanent supportive housing** to reduce cycling through crisis systems such as hospitals, criminal justice systems and emergency shelters

UNITED WAY'S ROLE IN FINANCIAL SECURITY

FUND & COLLABORATE

United Way is committed to **Community Health** by investing in strategies and programs that reduce health disparities and improve well-being for all. Using **community-based approaches**, we address barriers to health equity and work to **better align health care options and resources** to improve health outcomes for our community. Through collaboration & targeted investments, we strive to create a healthier future for everyone.

ADVOCATE & EDUCATE

We advocate for policies and practices to improve health and well-being and provide **equitable access to care** for every member of our community. We advocate for **food security initiatives** by increasing SNAP participation, improving food availability at pantries, and integrating data for stronger support systems. We educate and promote policy change to **address our community's gaps in essential oral health services**.