

Creating Pleated Face Masks for UI Health Care

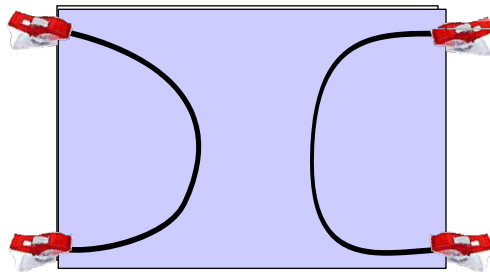
All fabric must be new. Before starting, please launder the fabric in a non-scented/allergen-free detergent with no fabric softener. When drying the fabric, please do not use dryer sheets.

Materials Needed for Each Mask

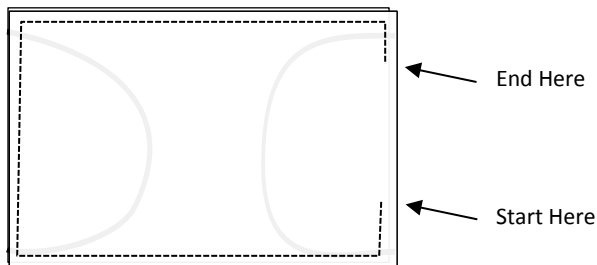
- Two (2) 9" x 6" pieces of quilt quality cotton fabric
- Two (2) 7" pieces of elastic, ¼" or smaller width. If you are using elastic cord, you will need to knot ends of each piece
- One (1) 9" x 6" piece of non-woven sew-in interfacing, light or medium weight
- Thread

Instructions

1. Place one 9"x6" piece on top of the piece of interfacing with the right side of the cotton face up, matching the edges.
2. Secure the ends of the elastic about ½" inside both corners (shown below). Repeat for the second elastic on the opposite side. Avoid using pins when securing elastic as they will leave holes in the interfacing.

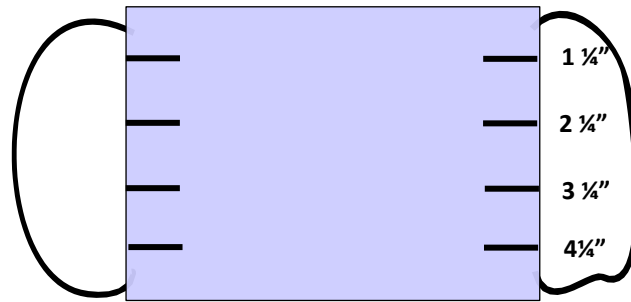


3. Place the other 9"x6" piece on top of the first piece, with the right side of the fabric facing down. Match edges and secure this piece with the other layers. Be sure the elastic ends are still in the correct place.
4. Using a ¼" seam allowance, sew around all four edges. Start and stop as shown below, leaving an opening. Back tack at the beginning, end, and across the elastic to secure them. The opening allows the mask to be turned right side out.

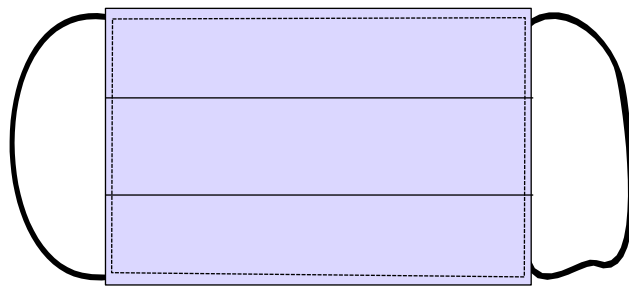


5. Turn the mask right side out, using the opening. Be sure the corners are pushed fully out. Press the mask.

6. Take two tucks along both narrow ends. To get the tucks even, mark $1\frac{1}{4}$ " down from the top on both sides. Continue to mark as shown below.



7. Press a fold between the two $1\frac{1}{4}$ " marks. Bring this fold down to the $2\frac{1}{4}$ " marks. Press and secure.
8. Press a fold between the two $3\frac{1}{4}$ " marks. Bring this fold down to the $4\frac{1}{4}$ " marks. Press and secure. Be sure the folds are laying in the same direction. The width of the narrow ends should be approximately $3\frac{1}{2}$ ".
9. Using a $\frac{1}{8}$ " seam allowance, top stitch around the entire mask twice with coordinating thread.



Ready to donate your masks? Please complete a [UI Health Care In-Kind Donation Form](#) and bring a copy with your donation. We have some restrictions in place to protect the health and safety of our patients, visitors, and staff. Donated items that do not meet the guidelines on our [In-Kind Donations page](#) may not be accepted or could be redirected to another charity. **All fabric must be new. Before starting, please launder the fabric in a non-scented/allergen-free detergent with no fabric softener. When drying the fabric, please do not use dryer sheets.**

- All items must come from a smoke-, dust-, pet-, and illness-free environment
- All masks must be made from new materials
- All items must be stored in a non-scented, new plastic bag for delivery

Concierge Services will accept donated items outside the UI Hospitals & Clinics Main Entrance from 8:00 a.m. – 4:30 p.m., Monday thru Friday. Please call them at 319-356-1900 or 319-678-5500 to schedule a donation drop-off. **Please do not enter the Main Entrance with your donated items.** For your safety and the safety of our patients, visitors, and staff, a staff member will meet you at your vehicle to accept your donated items.