



# Volunteer & Giving Guide

United Way of Johnson & Washington Counties


## 2023-2024 WINTER VOLUNTEER & GIVING GUIDE




**ADOPT-A-FAMILY**  
United Way of Johnson & Washington Counties



United Way of Johnson and Washington Counties  
1150 5th Street, Suite 290  
Coralville, IA 52241  
[UnitedWayJWC.org](http://UnitedWayJWC.org)



United Way of Johnson & Washington Counties



# Greetings!

United Way of Johnson & Washington Counties is proud to present our annual Winter Volunteer & Giving Guide, filled with opportunities throughout our community.

Volunteer on your own, or gather your friends, family, neighbors, and co-workers to spread cheer with children and families in need of our help. When we work together, we can make a meaningful impact on our community!

We wish you a safe and joyful holiday season,  
United Way of Johnson & Washington Counties

Be sure to tag us on social media when volunteering throughout Johnson and Washington Counties this holiday season!



@uwayjwc



@uwayjwc

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| Happy Holidays!              |    |

**Note:** If you wish to organize a collection drive or volunteer project, please contact the agency first to confirm the need and plan for collection details.

Please keep in mind these organizations need help every day, and opportunities to volunteer change frequently during the holiday season. Opportunities listed in this guide do not represent all available opportunities. For more information on volunteer and donation opportunities, please visit [volunteer.unitedwayjwc.org](http://volunteer.unitedwayjwc.org)

# Thank You

...for your interest in volunteering and giving opportunities in your community this holiday and winter season!

Here are some helpful tips to keep in mind for volunteer opportunities:

## Volunteer Tips

### Start Now!

This is a busy time of year for everyone. Start looking for a project now and make a plan today!

### Be patient.

This time of year, many non-profit organizations are getting emails, phone calls, and other inquiries on opportunities and need.

### Be creative and think outside of the box!

Check out the last page for resources on alternative holiday volunteer and giving opportunities!

Volunteering around the holidays can be a great activity – on your own, or with friends and family. However, our community relies on volunteers year-round. Make a resolution to be an active volunteer in the New Year!

For volunteer opportunities at any time of year, please visit: [volunteer.unitedwayjwc.org](http://volunteer.unitedwayjwc.org)



# Volunteer Opportunities

The following opportunities include one-time and short-term volunteer activities serving organizations around the holidays. Commitment to a volunteer project is critical to these organizations at this time of the year, as many see an influx of those they are serving. Please take that into consideration before signing up for a project – planning, scheduling and follow-through are key.



## VOLUNTEER OPPORTUNITIES



### Agape Café

📍 Old Brick | 26 E. Market St | Iowa City, IA

Serves a free, hot, breakfast dine-in or to-go for our neighbors experiencing homelessness and/or food insecurity.

#### Volunteer Opportunity:

The Agape Café would welcome temporary volunteers on **Tuesday afternoons for set-up** and **Wednesday mornings for Cafe service** over both the Thanksgiving and Winter breaks at the University of Iowa.

#### Volunteer Dates:

**November 21**, 1-3:30

**November 22**, 6:30 am - 10:30 am

**December 19**, 1-3:30 pm

**December 20**, 6:30 am - 10:30 am

**December 26**, 1-3:30 pm

**December 27**, 6:30 am - 10:30 am

**January 2**, 1-3:30 pm

**January 3**, 6:30 am - 10:30 am

**January 9**, 1-3:30 pm

**January 10**, 6:30 am - 10:30 am

#### Contact Information:

**Email:** [agapebreakfast@gmail.com](mailto:agapebreakfast@gmail.com)





## The Bird House | Hospice Home of Johnson County Holiday Lights at the Lake

The Bird House is the first and only independent residential hospice home in Iowa dedicated to compassionate end-of-life care.

Join in the fun at the 3rd annual Holiday Lights at the Lake light display!!

**Volunteers are needed during the event**

**Dates:** November 23rd-December 31st

**Times:** Varies by day: 4:45-9:15pm or 4:15-9:30pm

The exact times are listed on the Signup Genius. You will either be directing traffic, handing out brochures or checking vehicles in at the gate. Wednesdays are walk through nights so you may be anywhere along the route to help direct people.

It is a lot of fun watching the young and the young at heart go through this event. Santa and Mrs. Claus will be there on Wednesdays and Sundays to visit with our guests.

The weather is changeable. It is also about 10 degrees cooler on the lake. Please dress accordingly. You will be standing for long periods of time so please wear comfortable, warm footwear. We will have hand and foot warmers if the weather gets cold. It is best to dress in layers so you can take things off if you are too warm. It does get cold so be prepared with a hat, warm coat, gloves, long underwear, warm socks, boots, etc.

### More Information

Please use the links below for more information and to volunteer:

**Website:** [holidaylightsatthelake.com/volunteers](http://holidaylightsatthelake.com/volunteers)

**Nightly Event Volunteer Shifts:** <https://www.signupgenius.com/go/60B044BAAAB2BA7F58-holiday13>



AT THE LAKE



## VOLUNTEER OPPORTUNITIES

### CommUnity Crisis Services & Food Bank

📍 Pepperwood Plaza | 1045 Hwy 6 East | Iowa City

CommUnity Crisis Services and Food Bank is a volunteer-driven organization that provides immediate and non-judgmental support for individuals facing emotional, food or financial crisis.

#### 36th Annual Project Holiday Distribution

**Date(s):** December 18 - 23

**Time(s):** Various time slots from 9am - 7pm

**Location:** 1045 Highway 6 East Iowa City, IA



#### Description:

Help CommUnity distribute groceries for holiday meals to over 1,300 Johnson County families. Assist with stocking, repacking, and a variety of other tasks at CommUnity's Pepperwood Plaza location. You can also help by delivering meals directly to homes! With the need continually growing, larger groups of volunteers are in demand at our food bank, especially in the afternoon. Time to grab a couple friends and head over to CommUnity. See you there!

#### Contact Information:

Krystal Kabela, Food Bank Manager

**Email:** [krystal.kabela@builtbycommunity.org](mailto:krystal.kabela@builtbycommunity.org)

#### Volunteer Sign-up Information:

To sign-up and find more information, please visit [builtbycommunity.org/projectholiday](https://builtbycommunity.org/projectholiday)

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### Coralville Community Food Pantry

#### Free Community Meal Volunteers

#### Description:

Volunteer activities include helping prep food, serve food, set up, clean up, and more.

**Date:** Friday, December 8

**Time:** Volunteer shifts available all day

**Location:** Coralville Rec Center |1506 8th St, Coralville, IA

#### Contact and Volunteer Sign-up:

Hai Huynh

**Email:** [hai@coralvillefoodpantry.org](mailto:hai@coralvillefoodpantry.org)

**Website:** [coralvillefoodpantry.org](https://coralvillefoodpantry.org)



## VOLUNTEER OPPORTUNITIES

### Crowded Closet Thrift Shop

📍 851 Hwy 6 E | Iowa City, IA

The Crowded Closet is a non-profit thrift store in Iowa City, Iowa. Our mission is to share God's love and compassion in the name of Christ by supporting Mennonite Central Committee (MCC) world relief, service and development programs, as well as local community relief agencies. All the profits of the Crowded Closet go to support these relief and service organizations.



#### Winter Volunteer Opportunity:

**Winter Fridays at the Closet:** Volunteer 'where needed most' in our thrifty operations! Many easy to learn roles for any person. Volunteers will help to power our busy winter season, and turn local thrift donations into relief, development and peace that reaches around the world.

**Date(s):** December through March

**Time(s):** 1:00pm-4:00pm

**Location:** 851 Hwy 6 E, Iowa City

#### Online Volunteer Sign-Up

[crowdedcloset.org/volunteer.html](http://crowdedcloset.org/volunteer.html)

#### Contact Information:

Christine Maust Beachy, Volunteer Coordinator

**Phone:** 319-337-5924

**Email:** [crowdedcloset.volunteer@gmail.com](mailto:crowdedcloset.volunteer@gmail.com)

**Website:** [www.crowdedcloset.org](http://www.crowdedcloset.org)

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### Domestic Violence Intervention Program (DVIP)

The Mission of the Domestic Violence Intervention Program is to provide comprehensive support and advocacy services to victim/survivors, focusing on immediate and long-term safety, empowerment, dignity, and hope. In collaboration with the community, we strive to end domestic abuse through education, accountability, and social justice.

#### Volunteer Opportunities:

Domestic Violence Intervention Program has upcoming volunteer opportunities to help support our organization. Volunteers are needed to sort donations during this busy winter season.

#### Contact Information:

Allison Tippe, DVIP Volunteer Coordinator

**Phone:** 319-359-9353

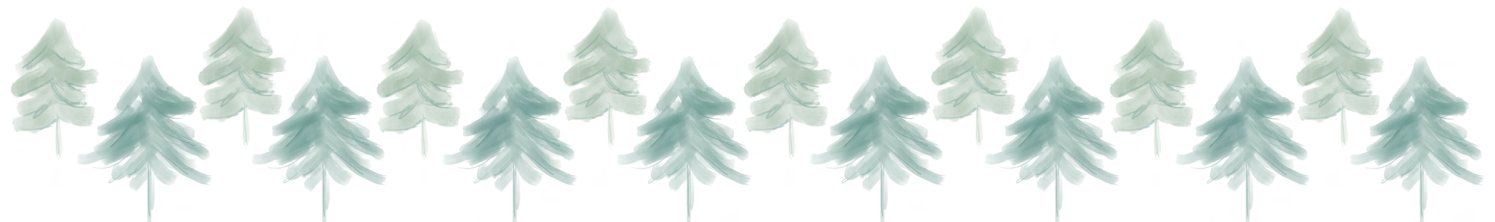
**Email:** [allisont@dviopiowa.org](mailto:allisont@dviopiowa.org)

**Volunteer Sign-up:** [dviopiowa.org/get-involved/](http://dviopiowa.org/get-involved/)



Domestic Violence Intervention Program

Safety and dignity. Always.





## VOLUNTEER OPPORTUNITIES

### Food Pantry at Iowa

📍 IMU | 125 N. Madison Street | Iowa City, Iowa

Provides free nutritious food and basic necessities for University of Iowa students, graduate and professional students, postdocs, staff, and faculty. Food accessibility and affordability is important for college students to survive, maintain a healthy lifestyle, and to concentrate in classes.

#### Volunteer Description:

Sign up to help with some shifts to keep the Food Pantry at Iowa running over winter break! We will need people who can lift in order to help bring in deliveries, we will need people who can help restock during open hours, and we will need people to get us organized in between!

**Date(s):** December 18th, 2023 - January 19th, 2023

**Time(s):** Miscellaneous

**Location:** IMU, 125 N. Madison Street, Iowa City, Iowa 52245

#### Agency Contact Information:

**Email:** [studorg-foodpantry@uiowa.edu](mailto:studorg-foodpantry@uiowa.edu)

**Volunteer Sign-up Information:** Email us for the Signup Genius!



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### Houses into Homes

📍 401 6th Avenue | Coralville, IA

Provides gently used beds, furniture, and household items for families and individuals in Johnson County who are exiting homelessness, domestic violence, and other crisis situations.

Our mission is to help people feel the comfort of home and to do so in a way that honors their experience and engages them with unconditional positive regard. We also proudly offer volunteers, recipients, donors, and staff a unique opportunity to meet and impact those with whom they share our community.

#### Volunteer Opportunities:

- 1. Warehouse Projects:** Help with important warehouse projects, such as moving furniture, sorting incoming donations, packing for recipient deliveries
- 2. Deliveries:** Donate your time (and muscle) to help load our box truck at the warehouse and then unload items at our recipients' homes.
- 3. Impact Hour:** Make a BIG impact in a short amount of time by bringing 4-8 of your friends and/or coworkers for one hour during the day to work on small projects
- 4. Visit our website to learn more and sign up:** [housesintohomes.org/volunteer](https://housesintohomes.org/volunteer)

**Date(s):** Ongoing

**Time(s):** Flexible shifts

Mon, Tue, Thu: 10am - 4pm

Wed, Fri: 10am - 2pm

Some weekends

#### Volunteer Contacts:

Patti Paradee or Bea Tannous,  
Volunteer Coordinators

**Email:** [volunteer@housesintohomes.org](mailto:volunteer@housesintohomes.org)



## VOLUNTEER OPPORTUNITIES

### Iowa City Free Lunch Program

📍 1105 S. Gilbert Ct. #100 | Iowa City, IA

The Free Lunch Program (FLP) is one of the “quiet services” in the Iowa City area that strives to do one thing well: provide a free, filling and healthy lunch to anyone who comes to us.



#### Winter Volunteer Opportunity:

Every Monday through Saturday, Free Lunch Program serves a noon meal, usually hosted by teams from various community groups. Around 120 meals are usually served each day. Volunteers are needed for Open Days when no pre-formed team is designated. Open Day volunteers can sign up for a shift to prep, serve, and clean from 10:30am-1:30pm, or sign up to serve and clean from 11:45-1:30pm. Volunteers are especially needed for Open Days around the holidays, as hunger knows no season!

*Age Restriction: Any volunteer under the age of 15 must be accompanied by a directly-supervising adult*

**Date(s):** November through February

**Time(s):** 10:30am-1:30pm or 11:45am-1:30pm, various dates

**Location:** 1105 S. Gilbert Ct. #100, Iowa City, IA 52240

**Website:** [iowacityfreelunch.org](http://iowacityfreelunch.org)

#### Contact Information:

Diane Platte

**Email:** [icfreelunchkitchen@gmail.com](mailto:icfreelunchkitchen@gmail.com)

**Phone:** 319-775-0616

#### Volunteer Sign-up Information:

[www.signupgenius.com/go/10C0F4CAEAE2BA6F5C52-45897288-open](http://www.signupgenius.com/go/10C0F4CAEAE2BA6F5C52-45897288-open)

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### Iowa City Hospice & Visiting Nurse Association

Iowa City Hospice is your community-based, not-for-profit hospice organization. Our mission is to provide compassionate care for anyone in our community affected by serious advanced illness and end of life conditions.



#### Volunteer Opportunities:

Iowa City Hospice and Visiting Nurse Association have various volunteer opportunities throughout the winter.

#### Volunteer Sign-up Information:

**Iowa City Hospice Volunteer Application:** [www.volgistics.com/appform/588821695](http://www.volgistics.com/appform/588821695)

**VNA Volunteer Application:** [www.volgistics.com/appform/66493631](http://www.volgistics.com/appform/66493631)

#### Volunteer Contact:

Sarah Valiga, Volunteer Coordinator

**Phone:** 319-351-5665

**Email:** [sarah.valiga@iowacityhospice.org](mailto:sarah.valiga@iowacityhospice.org)

## VOLUNTEER OPPORTUNITIES

### Iowa Valley Habitat Construction

Iowa Valley Habitat for Humanity is a 501(c)(3) non-profit organization that works to provide affordable housing solutions in Cedar, Iowa, Johnson, and Washington Counties.

**Date(s):** Thursday through Saturday every week

**Time:** 8:00am-12:00pm; 1:00pm-5:00pm

**Location:** Iowa City

#### Description:

Volunteers will help construction staff through the entire home building process including framing, painting, trim work, cabinet installation, energy efficiency upgrades, and more. No prior experience or knowledge required! We train you and give you all the tools you will need to accomplish the tasks at hand.

**Age Restrictions:** All volunteers must be at least 16 years old. All volunteers under 18 must have a liability waiver filled out and signed by a parent or legal guardian. Minor volunteers also have slight restrictions regarding the jobs they can help with. If you are under 18, it is best to contact the Volunteer Coordinator in advance.



### Iowa Valley Habitat for Humanity Re-Store

**Date(s):** Wednesday-Saturday

**Time:** Between 9:00am and 5:00pm

**Location:** 2401 Scott Blvd SE, Iowa City

#### Description:

ReStore is a donation-based home improvement store whose proceeds benefit Iowa Valley Habitat's affordable homeownership and repair programs. ReStore keeps valuable and usable household items and construction materials out of the landfill and allows homeowners to maintain their homes affordably. ReStore volunteers help with daily operations, receiving and processing donations, merchandising, customer assistance, and other projects as they arise.

**Age Restrictions:** All volunteers must be at least 14 years old. All volunteers under 18 must have a liability waiver filled out and signed by a parent or legal guardian.



Sign up at

[www.iowavalleyhabitat.org](http://www.iowavalleyhabitat.org)



#### Contact

Leda Rouse, Volunteer Coordinator

**Phone:** 319-519-6120

**Email:**

[leda@iowavalleyhabitat.org](mailto:leda@iowavalleyhabitat.org)



## VOLUNTEER OPPORTUNITIES

### Miracles in Motion Therapeutic Equestrian Center

📍 2049 120th St. NW | Swisher, IA

Miracles in Motion has served hundreds of students over the years with a work force of over 300 volunteers and a herd of 10-15 horses and 3 miniature horses. Our students come from Linn, Johnson, and other eastern Iowa counties, and consists of children and adults with physical, emotional, and cognitive challenges.

#### Volunteer Description:

Chores with the morning or afternoon horses

**Dates:** Daily

**Time:** 7:00 am or 3:30 pm

**Location:** Miracles in Motion, 2049 120th St. NW, Swisher, IA 52337

#### Contact and Sign-up:

**Email:** [miraclesinmotion@gmail.com](mailto:miraclesinmotion@gmail.com)

**Website:** [miraclesinmotion.com](http://miraclesinmotion.com)



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### North Liberty Community Pantry

📍 89 N. Jones Blvd. | North Liberty, IA

North Liberty Community Pantry engages our community in feeding, clothing, and connecting our neighbors to resources and services.

#### Volunteer Description:

Stop by the pantry and help with stocking, sorting clothing, and/or any special project.



#### Open Winter Volunteer Hours

**Dates/Times:** 2nd and 4th Monday of the Month 4:00pm-6:00pm

**Location:** North Liberty Community Pantry 89 N. Jones Blvd., North Liberty, IA 52317

**Agency Contact & Volunteer Sign-up:** [volunteer@northlibertycommunitypantry.org](mailto:volunteer@northlibertycommunitypantry.org)

**Website:** [northlibertycommunitypantry.org](http://northlibertycommunitypantry.org)



## VOLUNTEER OPPORTUNITIES

### Ronald McDonald House Charities of Eastern Iowa and Western Illinois

📍 730 Hawkins Drive, Iowa City, IA

The Ronald McDonald House Charities of Eastern Iowa and Western Illinois helps families feel at home, even when they can't be. We provide comfort, care, and kindness to families when they must travel for needed medical care for their child.

#### Description:

One of our most appreciated amenities is providing dinner to our guests so they can return to a hot meal from the hospital. We are always looking for meal groups to come into our commercial kitchen and prepare these dinners for our families staying here. The meals would need to be prepared by 5:30pm. Your group would be able to come in any time before then in order to prepare the food.



**Ronald McDonald House Charities®**  
Eastern Iowa & Western Illinois

From you, we would need 8 or fewer individuals provide a menu of what you're cooking, and groceries for the meal you're preparing. We would provide all the necessary cooking equipment, utensils, and cookware, the equipment to keep food hot or cold as needed, and staff that can monitor and package food after the families have eaten. If you're interested in signing up for a date, we would love to have you! View our Meal Calendar and sign up online at [rmhc-eiwi.org/volunteer-meal-opportunities](http://rmhc-eiwi.org/volunteer-meal-opportunities)

**Dates:** 7 Days a Week

**Time:** Dinner is served nightly at 5:30pm

**Location:** 730 Hawkins Drive, Iowa City, IA

#### Agency Contact Information:

Michaela Recker

**Email:** [mrecker@rmhc-eiwi.org](mailto:mrecker@rmhc-eiwi.org)

or [volunteercoordinator@rmhc-eiwi.org](mailto:volunteercoordinator@rmhc-eiwi.org)

**Phone:** 319-500-7642

**Website:** [rmhc-eiwi.org](http://rmhc-eiwi.org)

**Volunteer Signup:** [rmhc-eiwi.org/volunteer-meal-opportunities](http://rmhc-eiwi.org/volunteer-meal-opportunities)



## Salvation Army of Johnson County

### Bell Ringers for Miracle of the Bells

You can make a difference with every ring. The funds you raise as a Salvation Army bell ringer will make a year-round impact in your community through social services assistance, homeless shelters, disaster relief, children's programs, rehabilitation services, anti-human trafficking, and more.

#### Description:

Volunteers are needed in ringing bells for the Salvation Army of Johnson County Christmas Campaign. There will be multiple locations beginning November 10 through December 23. Multiple time slots are available, beginning with two-hour slots.



**Dates:** November 10 - December 23

**Time:** Multiple time slots

**Location:** Various locations throughout Johnson County

**Sign-up:** [www.registertoring.com](http://www.registertoring.com)

#### Contact Information:

Major Michelle Graham

**Phone:** 319-337-3725

**Volunteer Sign-up:** [www.registertoring.com](http://www.registertoring.com)



### Toys for Tots

Through the gift of a new toy or book, Marine Toys for Tots programs bring the joy of Christmas and send a message of hope to America's disadvantaged children. To date, we've distributed 652 million toys to 291 million deserving children.

#### Description:

Volunteers are needed for picking up, organizing, packing, and distributing toys to registered families.

**Dates:** December 11 - December 19

**Time:** Various time slots

**Location:** Opportunities in Iowa City, Coralville, and North Liberty

#### More Information and sign-up at:

[www.signupgenius.com/index.cfm?](http://www.signupgenius.com/index.cfm?go=c.SignUpSearch&eid=08C6CCDFF4C8FE630B&cs=09CBBA)

[go=c.SignUpSearch&eid=08C6CCDFF4C8FE630B&cs=09CBBA](http://www.signupgenius.com/index.cfm?go=c.SignUpSearch&eid=08C6CCDFF4C8FE630B&cs=09CBBA)  
[D98FBE8B137B0B640F5BB39BCDFDB4&sortby=startdate](http://www.signupgenius.com/index.cfm?go=c.SignUpSearch&eid=08C6CCDFF4C8FE630B&cs=09CBBA)



## VOLUNTEER OPPORTUNITIES

### Shelter House, Iowa City

📍 419 Southgate Avenue | Iowa City

Shelter House is a non-profit organization that has provided housing and supportive services to people experiencing homelessness since 1983.

#### Administrative Support Volunteers

At the end of each year, Shelter House requests additional volunteer support in our back office assisting with year-end file management. Volunteer training is provided, and volunteers will work with volunteer coordinator to schedule. The ideal volunteer will come periodically throughout the winter (once a week or every other week); however, Shelter House can use volunteers available for a range of time commitments. Shift times and durations are flexible, but all will take place between 8:00 am and 5:00 pm.

**Date(s):** Monday-Friday

**Time(s):** As agreed upon, any time between 8:00 am and 5:00 pm

**Location:** 429 Southgate Avenue, Iowa City

#### Contact and Signup:

Volunteer Coordinator

**Email:** [volunteer@shelterhouseiowa.org](mailto:volunteer@shelterhouseiowa.org)



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### Summer of the Arts

📍 Hyatt Regency Expo Hall | 300 E 9th St | Coralville, IA

#### Winter Volunteer Opportunity | Holiday Thieves Market

**Date(s):** December 8 and December 10

**Time(s):** various two-hour shifts during the late-afternoon & evening

**Location:** Hyatt Regency Expo Hall | 300 E. 9th St. | Coralville, IA

#### Description:

Volunteers are needed at the Holiday Thieves Market, presented by Summer of the Arts, an Iowa City-based arts nonprofit. Door holders are needed to help our artists load in and out of the Expo Hall more quickly and efficiently. Though the act of holding doors open may seem humble, every year participating artists are grateful for the help! This activity does expose volunteers to the outside weather, so please be prepared to dress in layers and wear a hat, gloves, scarf, and coat.

#### Contact Information:

Andrea Truitt, Director of Engagement

**Email:** [andrea@summerofthearts.org](mailto:andrea@summerofthearts.org)

**Phone:** 319-337-7944

#### Volunteer Sign-up Information:

<https://igfn.us/f/3kpi/n>



## VOLUNTEER OPPORTUNITIES

### Table to Table

📍 Pepperwood Plaza | 1049 US-6 E | Iowa City

#### Description:

We need your help this winter to meet the need! While we aren't open on Thanksgiving or Christmas Day, we do especially need help during the holiday season when there is more food to rescue and fewer people who can help. We'll need extra help covering our food rescue route shifts and keeping our vehicles clean and ready for routes throughout the winter and into the spring.



**Looking for a group volunteer activity?** We welcome volunteer groups on Saturday mornings in January to deep clean our food rescue fleet, ensuring our vehicles are ready to rescue food all week!

We would love to have you join the amazing team of volunteers that are the lifeblood of our mission.

**Date(s):** Throughout winter months

**Time:** 2-3 hour shifts between 8:00 AM - 1:00 PM Monday - Saturday

**Location:** 1049 US-6 E (Pepperwood Plaza), Iowa City

#### Contact and sign-up:

**Email:** Jared at [volunteer@table2table.org](mailto:volunteer@table2table.org) **More Info:** [table2table.org/volunteers](http://table2table.org/volunteers).

**Phone:** 319-337-3400

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### Ten Thousand Villages

📍 105 S Dubuque Street | Iowa City

#### Holiday Volunteers:

Put on your elf cap and join our volunteer team for the holiday season! Help our customers find their perfect gift, educate people about fair trade, unpack and check in new merchandise, decorate and restock, ring up customers, etc. We are a non-profit fair-trade organization and our mission is to create opportunities for artisans in developing countries to earn income by bringing their products and stories to our markets through long term, fair trading relationships. Our vision is that one day all artisans will earn a fair wage, be treated with dignity and respect, and be able to live a life of quality.

**Date(s):** November and December 2023

**Time(s):** 2 hour shifts 11-6 M-Sat 11-3 Sundays

**Location:** 105 S Dubuque St, Iowa City



#### Volunteer Signup:

**Email:** [iowacity@tenthousandvillages.com](mailto:iowacity@tenthousandvillages.com)

#### Agency Contact Information:

Liz Preciado Genell

**Email:** [iowacity@tenthousandvillages.com](mailto:iowacity@tenthousandvillages.com)

**Phone:** 319-519-2104





## VOLUNTEER OPPORTUNITIES

### The Light House Center – Tribulation & Trust Ministries

📍 604 S Iowa Avenue | Washington, IA

The Lighthouse Center is a Christian community outreach center in Washington, Iowa. We work to meet the needs of the community. We offer food, clothing, furniture, and emergency housing with transitional living. The emergency housing will be available to people in need for up to 45 days unless waiting to go into a transitional living program.

#### Volunteer Opportunities:

- **Help load and move furniture, etc**
  - Monday-Saturday at 980 West 5th Street, Washington, Iowa
  - Call the office at 319-653-5871 to schedule
- **Hang clothes, set things out on shelves for shoppers, etc.**
  - Monday-Saturday
  - Volunteer pre-registration is not required
- **Volunteer in the second-hand store, The Master's Hand**
  - Please call 319-864-1044 and schedule with Darren or Gerry
  - Volunteers are always needed to help hang & price clothing and put things out on the racks and shelves
- **Volunteer at the shelter**
  - Cook evening meals or bring a meal to serve
  - Volunteers needed for shelter cleaning
  - Call the office at 319-653-5871 to schedule

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### United Action for Youth (UAY)

United Action for Youth (UAY) is a nonprofit organization which has been supporting young people and families in Johnson County and surrounding areas since 1970.

#### Volunteer Opportunity:

Volunteer as an After School Art Assistant!

**Description:** Assist UAY Arts Staff with art workshop facilitation. Duties include passing out supplies, guiding students through the art project, connecting one on one with students who need additional help, and assisting with creating a safe, positive environment. This is a great opportunity for a volunteer who enjoys working with young people in a creative space!

**Date(s):** Weekly Opportunities

**Time(s):** Various Shifts between 2-5:30pm

**Location:** Various elementary and middle schools, TBD

#### Contact:

Kylie Buddin

**Email:** [kylie.buddin@unitedactionforyouth.org](mailto:kylie.buddin@unitedactionforyouth.org)

**Phone:** 319-338-7518



## VOLUNTEER OPPORTUNITIES

### University Of Iowa DeGowin Blood Center

📍 200 Hawkins Drive | C250 General Hospital | Iowa City

**Date(s):** Ongoing

**Time(s):** Varies by day

**Location:** UI DeGowin Blood Center located in the in the University Hospital (Elevator B, Level 2)



#### Description:

Give the gift of life this holiday season by taking the time to donate blood or platelets. All blood types are needed. Donating with the UI DeGowin Blood Center has a local impact because all donations help patients at University of Iowa Hospitals and Clinics or University of Iowa Stead Family Children's Hospital.

#### Contact Information:

DeGowin Blood Center

**Phone:** 319-356-2058

**Volunteer Sign-up Information:** [uidegowinbloodcenter.org](http://uidegowinbloodcenter.org)

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### United Way of Johnson & Washington Counties

📍 1150 5th Street Ste 290 | Coralville, Iowa

Volunteering is at the heart of United Way's mission. Mobilizing volunteers is a core service of United Way through the United Way Volunteer Center. We are here to help individuals and/or businesses help others. Whether you're interested in mentoring a young person, offering your skills as a financial advisor or spending an afternoon with a senior - If you have a few hours a month or one day a year, we can help you find a volunteer opportunity that matches your skills and interests.

#### Sign-Up or Learn More:

[volunteer.unitedwayjwc.org](http://volunteer.unitedwayjwc.org)

#### United Way Office Volunteer Description:

United Way of Johnson and Washington County is seeking a dedicated Volunteer Office Assistant to support our mission of community betterment. In this role, you will be an integral part of our team, assisting in various administrative tasks that contribute to the success of our organization.

**Dates:** Ongoing

**Times:** 4-10 hrs/week, varies

**Location:** 1150 5th St, Suite 290, Coralville, IA

**More Info**

#### Contact Information

Wendy Nolan

**Email:** [wendy.nolan@unitedwayjwc.org](mailto:wendy.nolan@unitedwayjwc.org)

**Phone:** 319-338-7823



United Way of Johnson & Washington Counties

## **Volunteer Income Tax Assistance (VITA)**

is a national IRS sponsored program that provides free tax preparation of federal and state tax returns for households with income less than \$64,000.



Volunteers are critical to the success of the VITA program. VITA volunteers help complete and file tax returns for those who have a limited income. On average, it costs a taxpayer nearly \$300 to have taxes done. This money can instead be used for basic needs such as groceries and rent.

Volunteer opportunities include Greeters and Tax Preparers and shifts are flexible January through mid-April. No tax experience is required. Online training sessions are provided and required.

For more information or to register to volunteer, access this link:  
**Become a VITA Volunteer! | Johnson County ([johnsoncountyiowa.gov](http://johnsoncountyiowa.gov))**

### **More Info & Signup Link:**

[johnsoncountyiowa.gov/social-services-non-menu-pages/vita-volunteer-income-tax-assistance](http://johnsoncountyiowa.gov/social-services-non-menu-pages/vita-volunteer-income-tax-assistance)

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## **YMCA of Washington County**

 **520 W 5th St | Washington, IA**

### **Annual Christmas Bazaar**

This event has been a staple in Washington County for over fifty years. The Christmas Bazaar gives kids a chance to build confidence, independence, and sense of pride that comes from spending money they earned to purchase gifts for the loved ones in their lives.

<https://washingtoney.org/annual-events/>

**Date:** December 9th, 8:00 am - 1:00 pm

**Location:** 520 W 5th St, Washington, IA

### **Volunteer Signup:**

<https://docs.google.com/spreadsheets/d/1771aM0Fo5LhUfFWHu4-QQj2nf8aAgbDeYfYEQGhrsFA/edit?usp=sharing>

### **Contact Information:**

Tamera Alexander

**Phone:** 319-653-2141

**Email:** [talexander@washingtoney.org](mailto:talexander@washingtoney.org)



# Giving Opportunities

The following are giving opportunities serving organizations around the holidays. Whether your donation is in-kind (clothing, food, etc.) or monetary, your support is critical to these organizations during this time of the year, as many see an influx of those they are serving. Your generosity is much appreciated!



## Adopt-a-Family



For individuals, families, organizations, and faith communities looking to adopt families for the holiday, please contact us directly. All families are identified and referred by United Way Partner Agencies. [www.unitedwayjwc.org/uwadoptfamily](http://www.unitedwayjwc.org/uwadoptfamily)



**ADOPT A FAMILY**

**United Way of Johnson & Washington Counties**

### Contact:

Emily Meister, Director of Community Impact & Engagement

**Email:** [emily.meister@unitedwayjwc.org](mailto:emily.meister@unitedwayjwc.org)

**Phone:** 319-338-7823

**For donation questions, please contact:**  
[info@unitedwayjwc.org](mailto:info@unitedwayjwc.org)

### Gift Ideas By Age Group

#### Birth to Age 3

There is so much learning and development going on at these ages. Toys that support fine motor, social and language skills are important. Toys that stimulate the senses and help build physical strength are also good.

#### Examples:

Dolls, trucks, musical toys, talking toys, activity books, pretend play toys (strollers, vacuums, farms), balls, shape sorters, play mat, teething toys, bath toys

#### Ages 4-7

Toys that activate the brain, muscles and reflexes are important during this stage of development. Kids at these ages like crafts, to build things and to tear things down.

#### Examples:

Barbie dolls and accessories, action figures, art or craft projects and supplies, Legos, dress-up items, building toys, board games, puzzles

#### Ages 8-12

Kids at these ages are developing strong memories, favorite hobbies and lasting friendships. Toys that support communication skills, Imagination and vocabulary are helpful.

#### Examples:

Remote control cars, sports balls and equipment, Legos, Nerf toys, board and card games, science experiments, arts and craft projects, jewelry kits, posters, music, shoes or gift card for a pair, school items

#### Teens

Teens are independent and invested in their individual identity. Their wish lists can be very specific; with clothing, it's recommended to stick to basics—solid colors & classic pieces.

#### Examples:

Clothing, jewelry, music, electronic items, board games, sports equipment, make-up, art or craft projects, shoes or gift card for a pair, hair accessories, gift cards for haircut or manicure, movie theater gift cards, fast food gift cards

## Abbe Mental Health Center

### Description:

Abbe Health will be assembling small bags of items for clients in need as well as activity kits to help with coping skills over the winter.



An Affiliate of  UnityPoint Health

### Donation Wish List:

- Personal care items
- Small deodorant
- Toothbrushes
- Toothpaste
- Hand sanitizers,
- Feminine hygiene products
- Packs of cards
- Crayons
- Journals
- Coloring books
- Playdoh
- Crafts

### Donation Contact Information:

Kara Magnison

**Email:** [kara.magnison@unitypoint.org](mailto:kara.magnison@unitypoint.org)



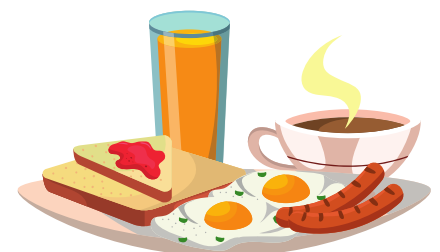
## Agape Café

 Old Brick | 26 E. Market St | Iowa City

Serves a free, hot, breakfast dine-in or to-go for our neighbors experiencing homelessness and/or food insecurity.

### Gift Guide:

- Commercial Toaster: <https://www.waringcommercialproducts.com/files/products/C-TS1000-Toasting-System-Spec-Sheet-20130805.pdf>
- Commercial Mop: <https://www.webstaurantstore.com/bissell-commercial-cm500d-grn-cyclomop-spin-mop-and-bucket-system-with-dolly-2-mop-heads-and-scrub-brush/207CM500DGRN.html>
- Original Vidalia Chop Wizard (2 of them!)
- Small storage containers with lids



### Contact:

**Email:** [agapebreakfast@gmail.com](mailto:agapebreakfast@gmail.com)

## GIVING OPPORTUNITIES

### Clothing Closet at Iowa

📍 IMU Room G200 | 125 N. Madison Street | Iowa City

The Clothing Closet at Iowa's mission is to provide undergraduate and graduate students at the University of Iowa with access to quality, new or used, professional clothing at no cost.

#### Donations Requested:

- Gently Used Professional Attire
- Shoes
- Accessories
- [Amazon Wish List](#)
- [Donate Funds Online](#)



#### Clothing Closet Hours

**Sun:** Closed  
**Mon:** Closed  
**Tue:** 2pm - 7pm  
**Wed:** 11am - 5pm & 7pm - 9pm  
**Thu:** 5pm - 8pm  
**Fri:** 9am - 2pm  
**Sat:** Closed

#### Monetary Donations:

Monetary Donations can be made online through the [University of Iowa Center for Advancement](#), please select "see additional options or make multiple gifts" and then "other." Specify it should be given to the Clothing Closet at Iowa.

The Clothing Closet at Iowa also accepts monetary donations in the form of cash or check (make payable to "Clothing Closet at Iowa"). Donations can be accepted at the Student Engagement Main Office in IMU 157. Visit their website at [imu.uiowa.edu/imu-services/clothing-closet](http://imu.uiowa.edu/imu-services/clothing-closet)

#### Donation Drop-off:

You can drop off donations directly to the Clothing Closet anytime during open hours.  
IMU Room G200  
125 N Madison Street  
Iowa City, Iowa 52245

### Community and Family Resources

📍 430 Southgate Avenue | Iowa City

Dedicated to assisting individuals, families & communities achieve healthy behavior & lifestyle through advocacy, prevention & treatment of substance abuse, problem gambling, and mental illness.

These requests will greatly improve the lives of our patients and bring them comfort and hope. We request that items be new or gently used.

#### Contact for drop off times or questions:

Michelle De La Riva  
**Phone:** 515-576-7261 Ext 1226  
**Email:** [michelled@cfrhelps.org](mailto:michelled@cfrhelps.org)



#### Donations Requested:

- Yoga mat
- Hand weights
- Exercise stretchy bands
- T-shirts in all sizes
- Underwear in all sizes
- Socks
- Hats
- Gloves
- Journals
- Planners
- AA and NA books
- Arts & crafts supplies

## CommUnity Crisis Services & Food Bank

📍 Pepperwood Plaza | 1045 Hwy 6 East | Iowa City

CommUnity Crisis Services and Food Bank is a volunteer-driven organization that provides immediate and non-judgmental support for individuals facing emotional, food or financial crisis



### Donation Wish List:

- Financial donations
- Baby diapers
- Baby wipes
- Formula
- Dry rice
- Dry pasta
- Hearty soups/stews
- Hygiene products
- Liquid laundry detergent
- Pantry staples (flour, sugar, oil)
- Shelf-stable microwave meals
- Shelf-stable protein
- Toilet paper

You can drop off donations at 1045 Highway 6 East Iowa City, IA 52240

### Donation Contact Information:

Julia Winter

**Email:** [julia.winter@builtbycommunity.org](mailto:julia.winter@builtbycommunity.org)

## Coralville Community Food Pantry

📍 804 13th Avenue | Coralville, IA

### Donations Wish List:

#### Top needed items:

- Menstrual products
- Diapers (size 5+)
- Dog food
- Cat food



CORALVILLE  
COMMUNITY  
FOOD PANTRY

### Contact Information:

Hai Huynh

**Email:** [hai@coralvillefoodpantry.org](mailto:hai@coralvillefoodpantry.org)

**Website:** [coralvillefoodpantry.org](http://coralvillefoodpantry.org)





## Domestic Violence Intervention Program (DVIP)

Our holiday store is one way in which we can provide a free and confidential way for families to “shop” and make the holidays a special time for the entire family despite the fear, stress, and lack of resources so often faced by those that have experienced intimate partner violence. This service is provided by appointment to any victim/survivor that has received services from DVIP in the past year.



Domestic Violence Intervention Program  
Safety and dignity. Always.

### Holiday Gift Drive November 6 - December 24

#### Most Popular Gift Ideas:

- Squishmallows, Earbuds, Headphones
- Play sets
- Legos, Action Figure Toys, Barbies
- Arts & crafts supplies, Books
- Gift cards (Wal-Mart, Target, etc.)
- Parent/Caregiver gifts - jewelry, socks, lotion sets, face masks, bath bombs

#### Contact Information:

Allison Tippe, DVIP Volunteer Coordinator

**Phone:** 319-359-9353

**Email:** [allisont@dvi Iowa.org](mailto:allisont@dvi Iowa.org)

#### Drop off:

Wish List items may be dropped off from Nov 6 - Dec 24th at the following locations:

- First Presbyterian Church of Iowa City
- Tamarack Discovery School in Iowa City
- Willowwind School in Iowa City
- Scheels in Coralville
- Tractor Supply Co., in Iowa City
- Lepic Kroeger Realtors in Iowa City
- Applebees in Coralville
- Bluebird Diner in North Liberty
- Iowa Gym-Nest in Coralville
- Reds Alehouse in North Liberty
- The Serving Cafe in West Branch

## Food Pantry at Iowa

📍 IMU | 125 N. Madison Street | Iowa City

The Food Pantry at Iowa’s mission is to provide nutritious food and basic necessities for University of Iowa students, faculty, and staff in need, and to fight food insecurity through education and advocacy.

[imu.uiowa.edu/imu-services/food-pantry-iowa](http://imu.uiowa.edu/imu-services/food-pantry-iowa)

#### Highest Need Items (not limited to):

- Diapers
- Multicultural items
- Personal hygiene items
- Rice

#### Contact Information:

**Email:** [studorg-foodpantry@uiowa.edu](mailto:studorg-foodpantry@uiowa.edu)



#### Item Drop off:

**IMU, 125 N. Madison Street, Iowa City, Iowa** - Donations can be dropped off anytime in the bin outside of the Food Pantry located in the basement of the IMU, the bin is marked "**Donations Bin**", and we will get them whenever we are in next.

## HACAP

Families with little to no income have a tough time during the holidays and are often in need of extra support. Monetary donations allow HACAP to be flexible in best meeting the needs of the families we serve in our programs. Make the holidays brighter for a family, veteran or child in your community by helping in one of the following ways:

### Holiday Wish List

- Head Start Classroom Supplies
- Support for Pregnant Women
- Veteran Transportation Costs
- Food Purchasing for the Food Reservoir

### Donation Contact Information:

Christopher Ackman or  
Debbie Ackerman

**Email:** [holidays@hacap.org](mailto:holidays@hacap.org)



Donations made by check can be mailed to HACAP Holiday Assistance, PO Box 490, Hiawatha, IA 52233 with you designated program from above in the memo section or by giving a gift online at [www.hacap.org/holidays](http://www.hacap.org/holidays).

## Houses into Homes

 401 6th Avenue | Coralville, IA

Provides gently used beds, furniture, and household items for families and individuals in Johnson County who are exiting homelessness, domestic violence, and other crisis situations.

Our mission is to help people feel the comfort of home and to do so in a way that honors their experience and engages them with unconditional positive regard. We also proudly offer volunteers, recipients, donors, and staff a unique opportunity to meet and impact those with whom they share our community.



### Donation Wish List

- New or gently-used mattresses, box springs, and frames, especially twin-sized.
- Pots & pans, bakeware
- Baking sheets
- Toasters
- Microwaves
- Kitchen Knives
- Kitchen Knives
- Microwaves
- Bath towels, hand towels, and washcloths
- Comforters of all sizes
- New bed pillows
- Floor lamps and table lamps
- New shower curtain liners
- Plastic or non-slip hangers, no wire hangers
- Children's books featuring diverse characters
- Toys and games including diverse dolls and action figures
- Funds

### How to Donate:

Visit [housesintohomes.org/donate](http://housesintohomes.org/donate)

### Donation Contact:

**Email:** [donations@housesintohomes.org](mailto:donations@housesintohomes.org)

## GIVING OPPORTUNITIES

### The Light House Center – Tribulation & Trust Ministries

604 S Iowa Avenue | Washington, IA

#### Donation Wish List:

Food/Kitchen:

- Dawn Dish Soap
- Napkins
- All Sizes Ziplock Storage Bags and Freezer Bags
- Foil and Clear Wrap
- Bottled Water
- Spices
- Fruit Juices
- Meats
- Condiments
- Sugar
- Flour
- Pancake Mix
- Nice Pots & Pans
- Good Electric Stove

#### Cleaning Supplies Wish List:

- Clorox Wipes
- Paper Towels
- Bleach
- Laundry Soap & Softener (urgent need)
- 39 Gallon & 13 Gallon Trash Bags
- Pine-Sol/Toilet Bowl Cleaner

#### Personal Item Wish List:

- Shampoo & Conditioner
- Deodorant
- Bath Gel & Bar Soap
- Full Size Toothpaste
- Feminine Hygiene Products
- Toilet Paper

Wish list items, cash & check donations can be dropped off at the shelter or mailed to:

The Light House Center

#### Donation Contact Information:

Rachael Kemper

Email:

[tribulationandtrust@yahoo.com](mailto:tribulationandtrust@yahoo.com)

### Iowa City Free Lunch Program

1105 S. Gilbert Ct. #100 | Iowa City, IA

The Free Lunch Program (FLP) is one of the “quiet services” in the Iowa City area that strives to do one thing well: provide a free, filling and healthy lunch to anyone who comes to us.

#### Donation Wish List:

- Amazon Wish List: <https://a.co/baTMozU>
- Free Lunch Program serves many of our unhoused neighbors. Winter gear will help them survive the cold. Items will be distributed on an as-needed basis, as long as supplies last. You can also help support the Free Lunch Program's mission of "an open door, a full plate, no questions asked" by visiting <https://iowacityfreelunch.org/support/>
- Waterproof or insulated gloves
- Hats (large size)
- New warm socks

#### Donation Drop off times/location:

11am-2pm Monday-Saturday

1105 S. Gilbert Ct. #100, Iowa City, IA 52240

#### Contact Information:

Diane Platte

Email: [icfreelunchkitchen@gmail.com](mailto:icfreelunchkitchen@gmail.com)

Phone: 319-775-0616



## Iowa City Animal Care & Adoption Center/Friends of the Animal Center Foundation

Friends of the Animal Center Foundation's purpose is to raise funds to support and expand the animal care services of the Iowa City Animal Care and Adoption Center and fulfill the financial needs of animal welfare initiatives in our community. We seek health, comfort, freedom from fear, and a loving guardian for our companion animals.

### Donations Requested:

Amazon, VISA, Mastercard, or gift cards to local retail stores provide specific animal care items as needed and are helpful in any amounts!



**FRIENDS**  
of the  
**ANIMAL CENTER**  
FOUNDATION



### Small Animals

- Chew sticks and toys for rabbits, hamsters, guinea pigs, and rats
- OxBow rabbit food
- Oxbow guinea pig food
- Large hidey boxes for rats and small bunnies
- Small but deep-water crocks

### Misc.

- Washcloths
- Towels
- Frontline, Advantage, and Revolution treatment for fleas and ticks
- Bleach
- Paper towels
- Dawn dish soap
- Newspaper without slicks

### Dogs

- VERY DURABLE dog toys - all sizes.
- Clean blankets
- Large bath towels
- Really tough dog chews like antlers, Benebones, Nylabones
- Large and X Large plush dog toys
- Wellness Brand soft dog treats

### Cats

- Cat toys, especially little mice, wand toys, and "kickers"
- NutriSource Senior Cat Weight Management Chicken & Rice dry cat food\*
- NutriSource Cat & Kitten Food, Chicken & Rice recipe\*
- Unscented clay or unscented scoopable litter
- Small washable cat beds
- Stretch & Scratch small scratching pads
- High quality canned kitten food like Royal Canin Mother and Babycat

*\*Cats at the Center are fed NutriSource Cat/Kitten Chicken & Rice or NutriSource Senior Cat Weight Management Chicken & Rice dry cat food. Dogs are fed Fromm Classic Chicken & Rice dry dog food. Find these foods at local pet supply stores or consider a monetary contribution towards food!*

**Items not needed and unable to store:** rabbit cages, dog crates or kennels, and dog houses. Feel free to call us for a list of other organizations that may be in need of these items.

### Monetary Donations may be sent to:

FACF

Box 1345 Iowa City, IA 52244

Online Donations: [www.facf.org](http://www.facf.org)

### Donation Drop off times/location for ICAC:

10:30-5:30 Mon-Fri & 10:30-3:00 Saturday

3910 Napoleon Lane, Iowa City

**Animal Center Phone Number:** 319-356-5295

## Iowa City Free Medical and Dental Clinic

Provides the widest range of medical and dental services possible to people in the Iowa City and surrounding community who would not otherwise have access to care.



### Donation Wish List:

- MASKS - Ear loops - Surgical (NOT N-95 or N95)
- Post-it notes - 3"
- Blank note pads
- Powder-free and latex-free medical gloves (any size, especially Medium)
- BP Cuffs - "Arm"/ Automatic
- Lidocaine Back Patches
- NEW Pill box organizers: multi-day/week packs - Larger sized for multiple pills
- Contour Next- strips
- Contour Next EZ Monitors
- Prenatal vitamins
- Nebulizer machines
- "Forever" stamps
- Heel cups (found at any pharmacy)
- Diclofenac gel (generic volaren)
- Tennis Elbow braces and carpal tunnel wrist splints - RIGHT handed, medium and large

### Donation Drop of location:

2440 Towncrest Drive, Iowa City

### Contact:

Please contact the Clinic for drop off times

**Phone:** 319-337-4459

## Iowa City Hospice & Visiting Nurse Association

Iowa City Hospice is your community-based, not-for-profit hospice organization. Our mission is to provide compassionate care for anyone in our community affected by serious advanced illness and end of life conditions.

### Donation Links:

**Iowa City Hospice:** [iowacityhospice.org/donate/](http://iowacityhospice.org/donate/)

**Visiting Nurse Association:** [vnaic.org/donate/](http://vnaic.org/donate/)

**Amazon Wish List:** [a.co/8sGNeK](https://a.co/8sGNeK)



### Donations Wish List:

- Black pens
- Printer paper
- Post-it notes
- Toilet Paper
- Paper Towels
- Hand Soap
- Bathroom spray

### Donation Contact:

Sonya Clements, Development Coordinator

**Phone:** 319-351-5665

**Email:** [clementss@vnaic.org](mailto:clementss@vnaic.org)

## Iowa Valley Habitat Construction & Helping Hands

Iowa Valley Habitat for Humanity is a 501(c)(3) non-profit organization that works to provide affordable housing solutions in Cedar, Iowa, Johnson, and Washington Counties.



### Donations Requested:

Monetary donations to sustain and grow our Homeownership and Helping Hands, and Emergency Repair and major Appliance Replacement programs.

Your gift can be designated to a specific project or program, or you can designate your funds to support our general fund. Honorary and memorial gifts can also be made to recognize or remember someone special to you.

### Mail donations to:

Iowa Valley Habitat for Humanity  
2401 Scott Blvd. SE  
Iowa City, IA 52240

or donate online at [www.iowavalleyhabitat.org](http://www.iowavalleyhabitat.org)

### Contact for monetary donations:

Tami Bonnett

**Phone:** 319-519-6121

**Email:** [tami@iowavalleyhabitat.org](mailto:tami@iowavalleyhabitat.org)



 2401 SE Scott Blvd | Iowa City, IA

## Donate to or shop at the Habitat ReStore

Your donations to the ReStore help to fund our Homeownership and **Helping Hands** programs. We also offer FREE pick-up service of your donations.

Visit [www.iowacityrestore.com](http://www.iowacityrestore.com) to request a FREE donation pick-up.

**ReStore is open for shopping and donations Wednesday - Saturday, 9:00am-5:00pm.**

### Contact for drop off times or questions:

**Phone:** 319-338-5687

or visit [www.iowacityrestore.com](http://www.iowacityrestore.com) for a complete list of accepted donations.

## GIVING OPPORTUNITIES

### Miracles in Motion Therapeutic Equestrian Center

📍 2049 120th St. NW | Swisher, IA

Miracles in Motion Therapeutic Equestrian Center has been serving children and adults with disabilities, supporting veterans, and strengthening communities since 1988. Our students come from Linn, Johnson, and other eastern Iowa counties. There's something magical about the transformation that occurs when we bring together the energy and spirit of a horse with people in need. Confidence, comfort, and strength grow exponentially. We provide a safe zone within our Therapeutic Riding, Hippotherapy Sessions, Horse 101, and Connect With Horses. We find success where machines, medications and traditional therapies sometimes fall short. Miracles in Motion is located on a 76-acre farm, 2 miles west of Swisher, Iowa.



#### Wish List:

##### Gift Cards from

- Tractor Supply
- Menards
- Costco

##### Donation May be sent to:

Miracles in Motion  
2049 120th St NW  
Swisher, IA 52338

#### Questions? Contact:

Deb Leichsenring, Director of Operations

**Email:** [miraclesinmotion@gmail.com](mailto:miraclesinmotion@gmail.com)

**Phone:** 319-857-4141

**Website:** [miraclesinmotion.com](http://miraclesinmotion.com)

### North Liberty Community Pantry

📍 89 N. Jones Blvd. | North Liberty, IA

North Liberty Community Pantry engages our community in feeding, clothing, and connecting our neighbors to resources and services.



#### Top 10 Pantry Needs:

1. Financial Donations (\$1 can purchase 5 lbs of food!)

##### Donate Online Now

2. Kid-Friendly Snacks
3. Macaroni & Cheese
4. Soup & Stews
5. Feminine Hygiene Products
6. Spaghetti & Sauce
7. Cereal & Oatmeal
8. Canned Fruit
9. Toilet Paper
10. Canned Proteins

#### Donation Drop-Off:

**Dates/Times:** Monday through Thursday 12:00pm - 5:00pm

**Location:** North Liberty Community Pantry, 89 N. Jones Blvd., North Liberty

**Phone:** 319-626-2711

**Website:** [northlibertycommunitypantry.org](http://northlibertycommunitypantry.org)

**Online Donation URL:** [secure.givelively.org/donate/north-liberty-community-pantry](https://secure.givelively.org/donate/north-liberty-community-pantry)

## Neighborhood Centers of Johnson County (NCJC)

📍 2651 Roberts Road | Iowa City

NCJC is a community-based, family-centered, human services agency serving Johnson County, Iowa, since 1973. Our programs and activities reach over 400 children/youth and 200 adults each day.

### Early Childhood Program (age up to 5) Wish List

- Magnatiles (multiple sets)
- Jumbo Magnatiles (multiple sets)
- Markers
- Construction paper
- Glue gallon jugs (white and clear)
- Glue sticks
- Kinetic Sand
- Dry Erase markers
- Playdough
- Playground balls
- Child size shovels and buckets for sand
- Multi-cultural baby dolls
- Dollhouse furniture
- Children's Books (main character is a person of color)
- Simple board games (ages 3-6)
- Madd Matter
- Sensory table for preschoolers
- Water Colors
- Literacy materials (ages 2-6)
- Math materials (ages 2-6)
- **Waterproof mittens and gloves (ages 2-5)**

### BASP Program (ages 5-12) Wish List

- Books
- dress up clothes
- paint paper
- kid scissors
- playground and sports balls
- ball pumps
- jump ropes
- board games for kids
- arts and craft projects
- puzzles (400+ pieces)
- bug catcher kits
- kinetic sand
- madd matter
- slime
- play dough toys/materials
- legos
- pencil sharpeners
- table cloths for paint/messy play
- **Gloves for ages Kindergarten-6th grade (preferably water proof)**
- **Hats**
- **Warm socks**
- Hula hoops
- Craft materials

### Family Support Programs (Parents with ages up to 5)

- **winterization kits (item to keep drafts out of windows and doors, carbon monoxide protectors, etc)(Most needed item)**
- blankets
- warm clothing for adults and kids (gloves, hats, coats, scarves, sweatshirts, boots, etc)
- diapers (all sizes)
- baby wipes

### Contact Information

Bella Arredondo Volunteer & Community Engagement Specialis  
**Phone:** 319-354-7989 x104  
**Email:** [Bella-Arredondo@ncjc.org](mailto:Bella-Arredondo@ncjc.org)





## Ronald McDonald House Charities of Eastern Iowa and Western Illinois

📍 730 Hawkins Drive, Iowa City, IA

### Donation Wish List:

- Snacks
- Funds for Meal Donations
- Tie Blankets - adult size
- KCups
- Swiffer WetJet Vinyl, Tile and Laminate Solution
- Heavy Duty Sponges
- Paper towels
- Full size toiletries (shampoo, conditioner, body wash)
- Water cups
- Pantry Items

### Donation Address:

**Donations can be mailed to or delivered to:**  
 Ronald McDonald House Charities of Eastern Iowa & Western Illinois  
 730 Hawkins Drive  
 Iowa City, IA 52246



**Ronald McDonald House Charities®**  
 Eastern Iowa & Western Illinois

### Donation Contact:

Michaela Recker  
**Email:** [mrecker@rmhc-eiwi.org](mailto:mrecker@rmhc-eiwi.org)  
**Phone:** 319-500-7642  
**Website:** [rmhc-eiwi.org](http://rmhc-eiwi.org)

## Shelter House, Iowa City

📍 419 Southgate Avenue | Iowa City

Shelter House is a non-profit organization that has provided housing and supportive services to people experiencing homelessness since 1983.

### Wish List:

- Beds
- Mattresses
- Bed Linens
- Pillows
- Cookware
- Cooking Utensils
- Heavy Winter Coats (in good condition, especially sizes large and up)
- New Underwear
- New T-Shirts
- Hand Warmers
- Warm gloves
- Warm Hats
- Single-serve Meals (e.g. Cup of Noodles, Mac & Cheese)
- Protein Bars



### Donation Contact:

Christine Hayes  
**Email:** [info@shelterhouseiowa.org](mailto:info@shelterhouseiowa.org)

## Summer of the Arts

### Description:

Summer of the Arts produces seven events each year, including the Iowa Arts Festival and Iowa City Jazz Festival. In partnering with the City of Iowa City Parks and Recreation Department, we offer weekly music and movies in parks across the area, providing events close to home in addition to downtown festivals and concerts. Every year over 60,000 people attend our events, all of which are free to attend. We believe in arts access and the transformative power of the arts: everyone should be able to experience this, no matter what.



Monetary donations are requested to help with the costs of programming. Without the support of local businesses and individual donors, we simply would not be able to put on these events. But imagine what we can do with your support. More legendary musicians playing on our stages. More free movies and free concerts in neighborhood parks near you. More painters, photographers, sculptors, and other artists from all over the Midwest to share and sell their work. More opportunities for local musicians to get paid putting on performances for all ages.

We also have a special project at the Community Foundation of Johnson County: the Iowa City Jazz Festival Performer Support fund.

### Donation Links:

Online donation form: <https://summerofthearts.org/donate/>

Community Foundation of Johnson County Iowa City Jazz Festival Performer Support fund: [https://cfjc.fcsuite.com/erp/donate/create/grant?grant\\_id=20566](https://cfjc.fcsuite.com/erp/donate/create/grant?grant_id=20566)



## Table To Table

Through food recovery and redistribution, Table to Table (T2T) helps thousands of our Johnson County neighbors annually. This year, we distributed 2.3 million lbs. of food, 3/5 of which was highly-sought after produce, protein, and dairy. This year marks 30+ million lbs. of food rescued since 1996. We collect from 127 local donors from across the food system and distribute millions of lbs. of food to 46 recipient nonprofit social service agencies at no cost to them. These partners include youth organizations, food pantries, meal sites, shelters, housing organizations and other agencies.



### Description:

Your financial donations ensure we can continue to deliver this critical resource. With every dollar you invest in Table to Table, we can rescue more than \$12 worth of food. That means your \$50 donation turns into \$623 worth of rescued food delivered to our neighbors.

### Monetary Donation Options:

[table2table.org/donation](http://table2table.org/donation)

Mail checks made out to Table to Table to PO Box 2596, Iowa City, IA 52244

### Donate shelf-stable pantry items:

(unopened, no more than one year past date) and we'll connect them with local food access partners. Bring your donations to Table to Table's office.

### Location:

Pepperwood Plaza  
1049 US-6 E  
Iowa City,

### Hours:

8am-4pm Monday-Friday  
9am-Noon Saturday



### The Arc of Southeast Iowa

📍 2620 Musatine Avenue | Iowa City

The Mission of The Arc of Southeast Iowa is to foster communities of respect and inclusion for people of all abilities through advocacy, support and service. Throughout our sixty-year history, The Arc has been instrumental in identifying missing services for people with disabilities.

#### Donation Wish List

- Facial tissues
- Paper towel rolls
- Disinfecting wipes
- Dish soap
- Paper/coloring books (for children and adults)
- Amazon wish list: <https://a.co/cB6bB0w>
- Gift cards or cash donations are always appreciated [www.arcsei.org/donate-online/](http://www.arcsei.org/donate-online/)
  - We are currently working towards raising funds to purchase height-adjustable adult-sized changing table and two additional evacuation cribs for our daycare program.
- "Sponsor an Activity" Donor can pick a program activity and choose to sponsor that event by providing activity supplies.
  - **Examples include:**
    - Movie nights (every Friday);
      - Sponsor provides pizza, popcorn, movie candy and beverage for small group of kids
    - Holiday micro-bash;
      - Sponsor provides cookies and decorations for small group of individuals
- Markers and crayons
- Paper plates, cups, napkins, and plastic utensils
- Dish/kitchen towels
- Fidgets
- Glue

#### Contact Information:

Chelsey Markle, Executive Director

**Email:** [chelseymarkle@arcsei.org](mailto:chelseymarkle@arcsei.org)

**Phone:** 319-569-6122

**Website:** [www.arcsei.org/](http://www.arcsei.org/)



## United Action for Youth

United Action for Youth (UAY) is a nonprofit organization which has been supporting young people and families in Johnson County and surrounding areas since 1970.

### Self Care Kits:

The holidays can be a stressful time for young mothers and young people living on their own. Donations of ethnic hair and skin care items are needed to create Self Care Kits for young women who participate in UAY programs. The kits will be distributed during the holidays.

- Items needed are listed below:
  - curl cremes, combs, silk caps, conditioner, oils, shampoo, brushes
- The following brands of products are recommended:
  - Cream of Nature, Shea Butter, Ambi, Carol's Daughter, Cantu, Pantene Gold Series for textured hair.

### Warm Winter Items:

Donations of gently used winter coats and fleece jackets of all sizes, hats, gloves, mittens, and warm socks for the youth and families.



### Housewarming Kits:

UAY's Transitional Living Program for youth experiencing homelessness is in need of Housewarming Kits for residents moving into their own apartment for the first time.

Items needed are listed below:

- Cleaning supplies, bucket, sponge, basic tool kit, key chain, flashlight, batteries, set of towels, garbage bags, doormat, etc

\*\*Monetary donations can be made on-line at [www.unitedactionforyouth.org/donate](http://www.unitedactionforyouth.org/donate)

#### Donations Contact:

Mickey Hampton

**Email:** [mickey.hamptopn@unitedactionforyouth.org](mailto:mickey.hamptopn@unitedactionforyouth.org)

**Phone:** 319-338-7518

 1150 5th Street Ste 290 | Coralville, Iowa

## United Way of Johnson & Washington Counties

Make a donation to the United Way of Johnson and Washington Counties in Honor of a Friend or Family Member! Visit the link below and enter your honoree's name in the "Notes" field.

#### Donation Link:

[unitedwayjwc.org/donate](http://unitedwayjwc.org/donate)

#### Donations Contact:

Kaila Rome

**Email:** [kaila.rome@unitedwayjwc.org](mailto:kaila.rome@unitedwayjwc.org)

**Phone:** 319-338-7823



United Way of Johnson & Washington Counties

## University of Iowa Hospitals & Clinics

UI Health Care offers a variety of services to help keep spirits high during the holiday season. Here's how you can help...



### Angel Tree

**Volunteer Services Office | 200 Hawkins Drive | Iowa City**

Adopt an angel from the Angel Tree by donating gifts for long-term patients at UI Hospitals and Clinics. Angels may be selected from the Angel Tree located outside the Volunteer Services Office (Elevator F, Level 8) now through December 18. Individuals or groups may go together to purchase gifts. Gifts, along with the adopted angel, can be brought back to the Volunteer Services Office. The suggested gift value is \$20-25 per person. The Angel Tree is sponsored by the UI Hospitals & Clinics Holiday Committee.

#### Angel Tree Selection Location:

By Volunteer Services Office  
Elevator F, Level 8  
200 Hawkins Drive, Iowa City



#### Questions? Contact:

Linda Monroe  
**Phone:** 319-353-6108 or  
Volunteer Services  
**Phone:** 319-356-2515

#### Dates:

Now through December 18

### Warm the Sole

Buy an extra pair of socks while you're out shopping and donate them to the Warm the Sole Clothesline, sponsored by the UI Hospitals & Clinics Holiday Committee. Items will be collected now through January 31. Collected items will be donated to local nonprofit agencies such as DVIP, Crisis Center, NCJC, Shelter House, UAY, and Girl Scouts.



**Call Volunteer Services** at 319-356-2515 with questions.

### Helen K Rossi Guest House Drive

During the month of January, the Helen K. Rossi Volunteer Guest House will be accepting donations of household items, toiletries, non-perishable food items, and new or gently used clothing.

#### Donation Drop-off:

200 Hawkins Drive Iowa City, IA  
Concierge Services, located at the entrance of UIHC (Elevator E, Level 1), during regular business hours.

#### Contact:

Sheri Austin with Concierge Services  
**Phone:** 319-356-1900

#### Donations Needed

- Household Items
- Toiletries
- Non-perishable Foods
- New or gently used clothing

For a full list, please contact Concierge Services at 319-356-1900

## YMCA of Washington County

📍 520 W 5th St | Washington, IA

### Children's Christmas Bazaar

Kids can come to “shop” for parents, grandparents, and siblings. Items for all ages are accepted. The kids leave with their gifts wrapped and tagged so they can go under the Christmas tree when they get home, and it is a surprise for their family.

**Date of Event:** December 9th, 8:00 am - 1:00 pm

**Location:** 520 W 5th St, Washington, IA



#### Suggested Donations of Items:

- Dads/Grandpas (i.e. small gift items, flashlights, small tools, or mugs)
- Moms/Grandmas (i.e. candles, hand lotions, hand towels or home décor)
- Siblings (small toys or games - play dough, board games, hot wheels, hair accessories)
- Gift wrap, boxes, and gift tags

#### Wish List:

[https://www.amazon.com/hz/wishlist/ls/1FBCFC2NL96KS/ref=nav\\_wishlist\\_lists\\_2](https://www.amazon.com/hz/wishlist/ls/1FBCFC2NL96KS/ref=nav_wishlist_lists_2)

#### How to Donate:

##### Items can be dropped off at:

520 W 5th St. in Washington, IA

##### Hours:

Monday–Thursday 7am to 8pm

Friday 7am – 6pm

Sat 8am -4pm

Sunday 1pm – 4pm

#### Contact Information:

Tamera Alexander

**Phone:** 319-653-2141

**Email:** [talexander@washingtoney.org](mailto:talexander@washingtoney.org)



# Resources

Volunteering and giving opportunities are not the only ways to give back to the community. Here are some alternatives.

## Holiday Entertainment

Provide holiday entertainment to residents of assisted living homes, group homes, or to people who are not able to remain in their own homes due to illness.



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## Bake Treats

Contact a non-profit and thank them for their services in your community by baking a treat or providing a meal to the office.



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## Give an Alternative Gift

Donate money or supplies to a local non-profit in the honor of your friends and family.



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## Organize a Giving Circle

Invite friends and family to join a giving circle for the holidays. Select a cause or organization you would like to support and set your giving goal.



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## Make a Resolution

Identify a need. Find your passion. Give an hour. Give a Saturday. Give 110%.



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## Questions?

Contact United Way of Johnson and Washington Counties with any questions and for all of your volunteer needs!

**Phone:** 319-338-7823

**Email:** [info@unitedwayjwc.org](mailto:info@unitedwayjwc.org)